

Volunteering... Get involved!



St Cuthbert's Hospice could not function without our dedicated volunteers. If you would like to get involved, contact Karen Grigg on 0191 386 1170 or visit www.stcuthbertshospice.com for more details on any of these exciting opportunities...

Park House Café

The Hospice's delightful coffee shop is an important service for guests and their families. Volunteers are needed to serve teas, lunches and snacks in the coffee shop.

Drivers

Drivers are needed for our hospice shops, as well as for home visits and transporting guests to and from the Hospice.

Caring

Opportunities to care for our patients include everything from offering support and a listening ear, to providing complementary therapies, hairdressing and beauty treatments.

Administration and Reception:

Use your admin or interpersonal skills to help with the day to day running of St Cuthbert's Hospice.



"I feel such a sense of pride by being a part of life at St Cuthbert's. It's not a gloomy place, as some might imagine it to be, but it's actually full of happiness and it's like an extended family."

Audrey Kelly, a volunteer at St Cuthbert's Hospice



Laundry and House-keeping

You can help to make the hospice a home-from-home for our patients... Our housekeeping volunteers are dedicated to keeping our guests in comfortable, clean and dignified surroundings.

Fundraising and PR:

If you love meeting people and getting out and about, our fundraising team needs you! You could assist at events such as our Open Gardens and the Midnight Walk, or even give presentations about the hospice to help spread the word!

Gardening, Maintenance and DIY:

The hospice is based in the beautiful surroundings of Park House, complete with extensive grounds and gardens. We need volunteers to help in all aspects of maintaining the site, from gardening to DIY.

Hospice Shops:

We have six charity shops located throughout the local area, all of which need volunteers for a variety of shifts.



About St Cuthbert's Hospice



“St Cuthbert's is a safe haven where I feel positive and secure, and when I'm here I know that I can talk to the nurses and volunteers about anything at all. They are kindness personified and I love them all.”

Pauline Taylor, a patient at St Cuthbert's Hospice

Volunteers are essential in helping us to support people like Pauline, helping people to cope with the effects of life limiting illnesses, as well as supporting their loved ones.

Fast Facts

- St Cuthbert's Hospice is the local Hospice for Durham, Chester le Street and Derwentside.
- The Hospice opened in 1988 to help people with life limiting conditions make every day count and experience greater quality of life.
- St Cuthbert's provides all its care and support services free of charge to patients, which is only possible because of community support, from donations to volunteers.
- St Cuthbert's runs a **Day Hospice**, where people can spend the day enjoying social activities and can benefit from treatments, complementary therapies and counselling. The Day Hospice cares for 15 guests per day, 4 days per week.
- The Hospice also has a ten bed **In Patient Unit**, which offers 24 hour care in beautiful surroundings.
- The Hospice also offers support to families and carers of people with life limiting illness - from aromatherapy massage to counselling.

Did you know?

- One in three people have been touched by Hospice care
- St Cuthbert's Hospice has to raise **£1 million each year** to continue providing this kind of care to the local community. This means we must raise over **£4,000 every single day**.
- The cost of providing one session in the Day Hospice is £150 per person
- The cost of providing one overnight stay in the In Patient Unit is £370 per person
- £30 pays for an outing for a Day Patient. Outings in the past have included trips to the beach, the panto, the Cathedral and Christmas Shopping in the Metro Centre.
- £200 pays for nursing care for one day

