

St Cuthbert's Hospice



School Fundraising Pack

**Help raise funds for
St Cuthbert's Hospice**



Hello from the Community and Events Team

Over three decades ago, a group of Durham residents came together for a common cause. They saw the absence of care and support available for those coming to the end of their lives and decided to take action. Thanks to their many years of fundraising and dedication, St Cuthbert's Hospice first opened its doors in 1988 to provide care and support, free of charge, for people with life-limiting illnesses, those approaching the end of life and families that are bereaved.

St Cuthbert's Hospice exists today thanks to the generosity and love of our local community. Every year we are overwhelmed by the support of teachers and young people in schools around County Durham, who even in the most challenging of times, continue to raise vital funds for the Hospice. Without these amazing young fundraisers and their dedicated teachers we would not be able to continue to care for all who need us.

We hope this pack will offer some fun and inspirational ways you can help fundraise and do something amazing to support your local Hospice. There are so many ways to raise money and your efforts really do make a huge difference, so thank you!

We look forward to supporting you in your future fundraising!

With very best wishes,

The Community and Events Team

*"To all the wonderful staff, thank you for being so caring. Thank you for being there. Thank you for looking after Dad. You will never know how much we appreciated all that you did. Thank you from the bottom of our hearts."
Patient's Family*

*"To us it is absolute proof that angels do walk amongst us. Again thanks to you all. We will never forget your kindness."
Patient's Family*

It All Adds Up

Your fundraising really can make a difference:

£20 — an hour of nursing care

£40 — a nurse to plan individualised care for a guest in our Living Well Centre

£50 — a Dementia Specialist Nurse to assess the needs and support someone living with dementia and their family



Making a Memory Box at the Jigsaw Project

Children's Bereavement Service at St Cuthbert's Hospice

Children and young people don't always articulate their feelings verbally, so as a Hospice, we have a responsibility to help children to express themselves in whatever way is most appropriate to them. Our Children's Bereavement Team can help children and teenagers to make some sense of illness and loss using a range of activities and therapies.

The Jigsaw Project is run by the Family Support Team here at the Hospice and offers counselling and bereavement support to children and young people in County Durham. This is offered regardless of whether their loved one was cared for at the Hospice or not, and is also available to them in the event of a sudden or unexpected death.

Referrals to The Jigsaw Project can be made by self-referral, a parent or family member, school, primary health care team, mental health care teams or social workers.

To find out more about the Jigsaw Project please call 0191 374 6183 or email thejigsawproject@stcuthbertshospice.com

Fundraising Ideas

Put the Fun into Fundraising with these great ideas to suit your school for every season...



Spring

- Valentines Disco
- Pancake Breakfast
- World Book Day Read-a-Thon
- Easter Egg Decorating Competition
- Table Top Sale



Summer

- Eco Challenge
- Sponsored Walk or Run
- Mini Olympics
- Superhero Day
- Teddy Bear's Picnic



Autumn

- Bake Sale
- Non Uniform Day
- Halloween Fancy Dress Disco
- Pumpkin Carving Contest
- Spelling Bee
- Talent Show



Winter

- Carol Singing
- Christmas Fair
- Raffle
- Christmas Jumper Day
- Festive Fun Run
- Sponsored Silence



"At Red Rose Primary School we have taken part in a number of events with the aim of raising money for St Cuthbert's Hospice. The hospice is a cause very close to our hearts as a very loved and much missed member of staff, Dawn Hodgson, received excellent support and care in her final months. For this we will be forever grateful.

One of the events that we have particularly enjoyed in school was the Colour Run. St Cuthbert's staff were fantastic in providing us with the ideas, risk assessment and powder paint needed to plan the event and then it was down to us as a school to use creativity and equipment to create an obstacle course. The event allowed us to reach out to the wider Red Rose community and invite pupils and their family to celebrate together all whilst raising money.

The event was very well received by parents who complimented the school on providing children with a fun experience whilst also offering the chance to build upon vital team building and confidence boosting opportunities. We can't wait to host our next Colour Run!

Having been faced with a year of covid restrictions and upheaval for children in education, we believe that the support and opportunities provided by St Cuthbert's Hospice will be more vital than ever; the need for wellbeing and mental health support being paramount."

Naomi Williams, Teacher at Red Rose Primary School



School Accumulator Challenge!

Do you know a group of students that have what it takes to become excellent entrepreneurs? If so why not put their skills to the test and sign up for our school ACCUMULATOR CHALLENGE!



Here's how it works:

We give you £50. A team of pupils use all their business savvy to turn it into as much profit as possible in 10 weeks for St Cuthbert's Hospice. Sound like a Lord Sugar challenge worth giving a shot?! There are so many good reasons to sign up, including giving students an opportunity to actively practice skills in team working, communication, budget management and sales.



Over the past few years Durham High School pupils have supported us by taking on the school Accumulator Challenge! Last year students raised an outstanding £286.10 by selling hair scrunchies and sweets. They then raised a further £349 by designing and selling a tea towel. Their charity committee kindly topped up these donations by an additional £39.26 bringing the total amount raised to £672.26!

This is such a fantastic achievement and our heartfelt thanks go out to all involved in raising this fantastic amount!

Headmistress Simone Niblock told us:

"As a school we take seriously our responsibility to look outwards and to be able to support a local organisation like St Cuthbert's Hospice, who continue to provide such a crucial service in this area, is extremely important to us. I am so proud of our philanthropic pupils who continually give their money, time and efforts in service of those in need."

How we can help you

We've got everything you need to have bags of fun whilst supporting your local Hospice. As a thank you for your fundraising efforts, we can provide:

- An exciting calendar of events to take part in.
- Fundraising resources such as posters and sponsorship forms.
- Collection tins and buckets for your school fundraising event or activity.
- Thank you letter and certificates.
- Sharing your photos and efforts on our social media.
- A school assembly – we can deliver age appropriate assemblies all about the care we provide at St Cuthbert's Hospice.
- A cheque presentation to celebrate the difference you have made.
- A visit to the Hospice and its beautiful award winning gardens.



"We decided to get involved with St Cuthbert's as being a Catholic school we believe in the importance of love and support by God, family and the whole community that is needed at every stage of the journey of life. As a school we are in the privileged position of doing this in the early stages of life and were impressed by the way St Cuthbert's offer this in the later stages with the same dignity and respect that we offer our pupils.

Recently we were involved in the 'Santa Dash' at Christmas time. We feel it is important to make our pupils aware of needs on a global and national level but recently, especially in light of the pandemic, we feel particularly passionate about helping those in need on our very own doorstep. We love the fact that St Cuthbert's is exactly that - a local need on our doorstep and want to instil in our children the importance of supporting their own communities.

For the 'Santa Dash' a Christmas themed circuit was set up with activities such as 'Candy Cane Relay', 'Feed the Reindeer' (basketball) and 'Mistletoe Limbo!'

At a time when many of our children have been indoors due to the pandemic it was a great opportunity to get involved in some much needed, healthy exercise whilst raising funds for others. Also, we just had a great time! Aimee, aged 6 said "I had so much fun. I liked it better than a Christmas party!"



Louise Gardner, Deputy Head at St Patrick's RCVA Primary School

If you have a fantastic fundraising idea and need support, we are here to help!
Get in touch with the Community and Events Team on 0191 386 1170 ext. 5
or email fundraising@stcuthbertshospice.com

Supporting St Cuthbert's Hospice

We really do hope that your school is inspired to have fun and fundraise for us. We would love to hear your plans as there are lots of ways in which we can support you. Please contact the Community and Events Team on 0191 386 1170 ext. 5 or email fundraising@stcuthbertshospice.com

If you would like to make a donation to St Cuthbert's Hospice, you can do so in the following ways:

Donate online:

Visit www.stcuthbertshospice.com and click the 'donate' button

Donate by post:

Please make cheques payable to 'St Cuthbert's Hospice' and send to:

St Cuthbert's Hospice,
Park House Road,
Durham,
DH1 3QF.

Donate by phone:

Donations can be made over the phone Monday-Friday, 9am-5pm. Please call us on 0191 386 1170 ext. 5 and have your payment details to hand.

If you would like to make a cash donation please call the Community and Events Team on 0191 386 1170 ext. 5 to arrange a time to call into the Hospice.

Stay in touch

E-NEWSLETTER:

Sign up to our e-newsletter and get all the latest Hospice news straight to your email. Register at www.stcuthbertshospice.com

SOCIAL MEDIA:

Don't forget to keep an eye on our social media pages to keep updated with our latest news and events.



Contact details:

St Cuthbert's Hospice,
Park House Road,
Durham,
DH1 3QF

Tel: 0191 386 1170 ext. 5

Email: fundraising@stcuthbertshospice.com

