



St Cuthbert's Hospice

Making every day count since 1988



Welcome to
St. Cuthbert's Hospice



Help raise funds for
St Cuthbert's Hospice



SCHOOL FUNDRAISING PACK

Hello from the Community and Events Team

Over three decades ago, a group of Durham residents came together for a common cause. They saw the absence of care and support available for those coming to the end of their lives and decided to take action. Thanks to their many years of fundraising and dedication, St Cuthbert's Hospice first opened its doors in 1988 to provide care and support, free of charge, for people with life-limiting illnesses, those approaching the end of life and families that are bereaved.

St Cuthbert's Hospice exists today thanks to the generosity and love of our local community. Every year we are overwhelmed by the fantastic support of teachers and young people in schools around County Durham, who raise vital funds for the Hospice. Without these amazing young fundraisers and their dedicated teachers we would not be able to continue to care for all who need us.

We hope this pack will offer some fun and inspirational ways you can help fundraise and do something amazing to support your local Hospice. There are so many ways to raise money and your efforts really do make a huge difference, so thank you!

We look forward to supporting you in your future fundraising!

With very best wishes,

The Community and Events Team



To all the wonderful staff, thank you for being so caring. Thank you for being there. Thank you for looking after Dad. You will never know how much we appreciated all that you did. Thank you from the bottom of our hearts .

To us it is absolute proof that angels do walk amongst us. Again thanks to you all. We will never forget your kindness.

It All Adds Up

Your fundraising really can make a difference:

- £10** — could pay for the materials that our Occupational Therapist needs to make hanging baskets with one of our Gardening Group members.
- £20** — could pay for a pack of acrylic paints to use with our Craft and Therapy Groups.
- £30** — could pay for a person to attend our Health and Wellbeing Group.
- £100** — could pay for a person to receive a complimentary therapy session.



**Making a Memory Box
at the Jigsaw Project**

The Jigsaw Project at St Cuthbert's Hospice

Children and young people don't always articulate their feelings verbally, so as a Hospice, we have a responsibility to help children to express themselves in whatever way is most appropriate to them. Our Children and Young People's Bereavement Team can help children and teenagers to make some sense of illness and loss using a range of activities and therapies.

The Jigsaw Project is run by the Bereavement Support Team here at the Hospice and offers counselling and bereavement support to children and young people in County Durham. This is offered regardless of whether their loved one was cared for at the Hospice or not, and is also available to them in the event of a sudden or unexpected death. Referrals to The Jigsaw Project can be made by self-referral, a parent or family member, school, primary health care team, mental health care teams or social workers. To find out more about the Jigsaw Project please call 0191 386 1170 option 9 or email thejigsawproject@stcuthbertshospice.com

Fundraising Ideas

Put the Fun into Fundraising with these great ideas to suit your school for every season...



Spring Term

- Valentines Disco
- Pancake Breakfast
- World Book Day Read-a-Thon
- Easter Egg Decorating Competition



Bunny Hop! Contact us to receive your free bunny ears for your sponsored hop!



Summer Term

- Eco Challenge
- Sponsored Walk or Run
- Mini Olympics
- Superhero Day
- Teddy Bear's Picnic
- Non Uniform Day



Colour Run! We can provide you with powdered paint supplies and sponsor forms to host your very own colour run!



Winter Term

- Bake Sale
- Non Uniform Day
- Halloween Fancy Dress Disco
- Pumpkin Carving Contest
- Spelling Bee
- Carol Singing
- Christmas Fair
- Raffle
- Sponsored Silence



Christmas Jumper Day! Don your best winter wollies and raise money for the Hospice. Contact us for Christmas Jumper Day resources!

Festive Run! Contact us to receive your free festive hats and sponsor forms to host your own Festive Run this December (let us know by November if you want to take part!)



A-Z fundraising ideas

Why not hold your own fundraiser?

Here are a few more ideas to inspire you!

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|----------|--|----------|--|
| A | – auction, afternoon tea | S | – sponsored silence, swimming, scavenger hunt, stream-athon, sleepover |
| B | – bake sale, bike ride, bad tie day | T | – talent show, treasure hunt, tombola |
| C | – car boot sale, cricket match, curry night | U | – unwanted gift sale, University challenge, uniform day |
| D | – dress down day, disco | V | – variety show, vintage day |
| E | – easter egg hunt, egg and spoon race | W | – wacky hair day |
| F | – fancy dress day, football tournament, film night | X | – Xmas Fete, Xmas card sale, Xmas carol singing |
| G | – games night | Y | – yoga-thon, yo-yo competition, yodelling competition |
| H | – honesty box | Z | – zumba-thon, zip wire, zorbing |
| I | – It's a Knockout competition | | |
| J | – jumble sale | | |
| K | – karaoke night, keepfit-a-thon, | | |
| L | – litter pick | | |
| M | – marathon, masked ball, mini Olympics | | |
| N | – non-uniform day, name the teddy | | |
| O | – obstacle course | | |
| P | – plant sale | | |
| Q | – quiz night | | |
| R | – raffle | | |



School Accumulator Challenge!

Do you know a group of students that have what it takes to become excellent entrepreneurs? If so why not put their skills to the test and sign up for our school Accumulator Challenge!



Here's how it works:

We give you £50. A team of pupils use all their business savvy to turn it into as much profit as possible in 10 weeks for St Cuthbert's Hospice. Sound like a Lord Sugar challenge worth giving a shot?! There are so many good reasons to sign up, including giving students an opportunity to actively practice skills in team working, communication, budget management and sales.



Over the past few years Durham High School pupils have supported us by taking on the school Accumulator Challenge! Last year students raised an outstanding £286.10 by selling hair scrunchies and sweets. They then raised a further £349 by designing and selling a tea towel. Their charity committee kindly topped up these donations by an additional £39.26 bringing the total amount raised to £672.26!

This is such a fantastic achievement and our heartfelt thanks go out to all involved in raising this fantastic amount!

Headmistress Simone Niblock told us:

"As a school we take seriously our responsibility to look outwards and to be able to support a local organisation like St Cuthbert's Hospice, who continue to provide such a crucial service in this area, is extremely important to us. I am so proud of our philanthropic pupils who continually give their money, time and efforts in service of those in need."

Don't forget to share your photos with us, we'd love to see them!

Email fundraising@stcuthbertshospice.com or tag us #StCuthbertsHospice on Facebook, Twitter or Instagram.

How we can help you

We've got everything you need to have bags of fun whilst supporting your local Hospice. As a thank you for your fundraising efforts, we can provide:

- An exciting calendar of events to take part in.
- Advice from our Community and Events Team to help make your fundraising a success.
- Fundraising resources such as posters and sponsorship forms.
- Collection tins and buckets for your school fundraising event or activity.
- Thank you letter and certificates.
- Sharing your photos and efforts on our social media.
- A school assembly – we can deliver age appropriate assemblies all about the care we provide at St Cuthbert's Hospice.
- A cheque presentation to celebrate the difference you have made.
- A visit to the Hospice and its beautiful award winning gardens.

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If you have a fantastic fundraising idea and need support, we are here to help! Get in touch with the Community and Events Team on 0191 386 1170 option 5 or email fundraising@stcuthbertshospice.com

Supporting St Cuthbert's Hospice

We really do hope that your school is inspired to have fun and fundraise for us. We would love to hear your plans as there are lots of ways in which we can support you. Please contact the Community and Events Team on 0191 386 1170 option 5 or email fundraising@stcuthbertshospice.com

If you would like to make a donation to St Cuthbert's Hospice, you can do so in the following ways:

Donate online:

Visit www.stcuthbertshospice.com and click the 'donate' button

Donate by post:

Please make cheques payable to 'St Cuthbert's Hospice' and send to:

St Cuthbert's Hospice,
Park House Road,
Durham,
DH1 3QF.

Donate by phone:

Donations can be made over the phone Monday-Friday, 9am-5pm. Please call us on 0191 386 1170 option 5 and have your payment details to hand.

Donate cash:

If you would like to make a cash donation please call the Community and Events Team on 0191 386 1170 option 5 to arrange a time to call into the Hospice.

Stay in touch

E-NEWSLETTER:

Sign up to our e-newsletter and get all the latest Hospice news straight to your email. Register at www.stcuthbertshospice.com

SOCIAL MEDIA:

Don't forget to keep an eye on our social media pages to keep updated with our latest news and events.



Contact details:

St Cuthbert's Hospice,
Park House Road,
Durham,
DH1 3QF

Tel: 0191 386 1170 option 5

Email: fundraising@stcuthbertshospice.com

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