

Service Contract Quarterly Performance Report Second Quarter: 1<sup>st</sup> July to 30<sup>th</sup> September 2023

#### 1.0 Introduction

This second quarter Service Contract Quality Performance Report (SCQPR) covers the period 1 July – 30 September 2023 and provides an overview of St Cuthbert's Hospice performance against the key local quality requirements (LQRs) and performance indicators (KPI's) as outlined in our 2023 - 2024 NHS Contract.

#### Key service issues over the last quarter

In Patient Unit, (IPU). Cumulative deaths totalled since 1 April 2023 is 88 of which 86 achieved their preferred place of death, (PPD). We were able to discuss preferred place of death with 88 patients. 2 people did not achieve their preferred place of death, which was home. IPU bed occupancy in this quarter was 82.05%.

Following the departure of our Medical Director/Consultant (June 2023) and approval of an additional Consultant (June 2022), we have been unable to recruit to either post. To ensure continuity of care, during this quarter, CDDFT have provided the Hospice with 4 consultant sessions and 6 sessions from a Specialist Dr. From 2 October Consultant support will be provided virtually by Supportive UK. CDDFT will second a Specialist Dr for 8-10 sessions. This Dr will work alongside our existing Hospice Drs, (6 sessions) and an Advanced Nurse Practitioner (5 sessions). It is anticipated these arrangements will remain in place while we continue to work with stakeholders on a sustainable medical model for the healthcare local system.

Following challenges with recruitment to nursing posts we have successfully recruited 2 newly qualified Registered Nurses. We are using hours freed up by a reduction in hours to number of nursing posts to introduce a therapy assistant post. We are also exploring the feasibility of increasing pharmacy support to include cover for annual leave.

In August Team Valley Pharmacy terminated their agreement with us to supply wholesale medications. A temporary solution was put in place with support from Burdon's pharmacies and we are currently exploring a permanent solution.

Day Services, Within the Living Well Centre, services are provided Monday to Friday. We continue to develop our programme and therapy groups including cognitive stimulation therapy, sporting memories activity group, occupational therapy led fatigue and sleep management, creative writing, physio led strength and balance group and one to one complementary therapy sessions. We also continue to increase the number of people attending these groups/sessions. We continue to offer Day Hospice services for interventions such as blood transfusion. We are no longer offering paracentesis due to the departure of the Medical. We have used the departure of a Band 5 Registered Nurse to introduce a Band 4 Nursing Associate post and Band 4 Complimentary Therapist post.

We continue to provide Bereavement Support Services, with counselling sessions for adults, children and young people provided Monday - Friday. We are seeing a decrease in our waiting list since the review of staff skill mix and increase to counselling capacity. Delivery of bereavement support groups has been transferred to our Community Outreach Project.

**Community Services** –The Admiral Nurse is continuing to embed herself as a Specialist Dementia Nurse within the Hospice and North Durham locality. She offers specialist support on a face 121 basis in people's homes, through memory cafes and support groups. With her support, the Namaste Co-Ordinator and volunteers have reignited the Namaste Service within the community and Hospice.

## 2.0 Summary of what we have achieved in quarter two

#### Achievements to end of the second quarter:

#### **Service Activity:**

- In-Patient Unit:
  - o 67 new admissions into the in-patient unit during this reporting period.
  - o 49 deaths
  - o 48 patients achieved preferred place of death.
- Living Well Centre:
  - o 1095 Face to face appointments.
  - Bereavement Support Services Adults
    - o 144 Face to face appointments attended, 21 well-being calls to 55 people.
- Admiral Nurse:
  - o 25 patient/carers had 69 contacts, attended 3 memory cafes and 25 community/Hospice groups. 14 new referrals received.
- Namaste team:
  - o 59 patients/carers seen at home/Hospice/outreach, had 467 contacts. 28 new referrals received.

#### Protecting people from avoidable harm:

In Quarter 2 there have been 62 clinical incidents:

- 0 Serious incidents
- 0 Incident of major, permanent harm; severe disruption
- 7 Incident of actual moderate harm/short term harm/disruption
- 20 Incidents of actual minor/minimal harm/low disruption
- 35 Incidents of actual no harm
- 0 Near Misses

## 3.0 Service Activity

In accordance with Integrated Care Board (NENCICB) dataset requirements full data reports are submitted below. For comparison the preceding full year's performance (2022 - 2023) data is provided and each full quarter's performance for 2023 - 2024 and this will be updated in subsequent quarterly reports. Specific LQR's and KPI's measurements summarising performance can be seen in the Table 1 below:

## 4.0 Local Key Performance Indicators (KPI's)

| Table 1 – Hospice activity against KPIs 2023-2024  |                                   |  |     |                        |            |    |    |  |  |  |  |  |
|--|-----------------------------------|--|-----|------------------------|------------|----|----|--|--|--|--|--|
| Indicators.  | Threshold                         | Threshold End of Year. Not 2022-23 met |     |                        |            |    | ly | End<br>of<br>year<br>2023<br>-<br>2024 |  |  |  |  |
|  |                                   |  |     | Q1                     | Q2         | Q3 | Q4 |  | Year 2023-2024 Performance                               |  |  |  |
| In-Patient Unit (IPU)  |                                   |  |     |                        |            |    |    |  | COMMENTS.  |  |  |  |
| Total number of in-patient referrals received  | N/A for<br>monitoring<br>purposes | 340                                    | -   | 90                     | 98         |    |    |  | N/A for monitoring purposes.                             |  |  |  |
| Average waiting time from referral to admission for inpatients (excluding weekends and planned respite). | ≤ 48<br>hours                     | 35.6                                   | Met | 31.6                   | 32.7       |    |    |  |  |  |  |  |
| Total number of inpatient admissions.  | N/A for<br>monitoring<br>purposes | 220                                    | -   | 62                     | 67         |    |    |  | N/A for monitoring purposes.                             |  |  |  |
| Percentage bed occupancy.  | ≥ 85%                             | 86.63                                  | Met | 84.67                  | 82.05      |    |    |  | Action Plan in place to improve performance against KPI. |  |  |  |
| Percentage bed availability.   | ≥ 95%                             | 99.3                                   | Met | 100                    | 99.89      |    |    |  |  |  |  |  |
| Average length of stay for inpatients.   | ≤ 15 days                         | 14.4                                   | Met | 13.1                   | 11.3       |    |    |  |  |  |  |  |
| Number and percentage of inpatients that have been offered an Advance Care Plan.                         | 90%                               | 99.2%                                  | Met | 62<br>100%             | 67<br>100% |    |    |  |  |  |  |  |
| Number and percentage of patients who died at the hospice and have preferred place of death recorded.    | N/A for<br>monitoring<br>purposes | 128<br>97.6%                           | -   | 39 49<br>100% 100%     |            |    |    |  | N/A for monitoring purposes.                             |  |  |  |
| Number and percentage of patients who died at the hospice who stated their                               | N/A for<br>monitoring<br>purposes | 123<br>95.4%                           | -   | 38 48<br>97.4 98%<br>% |            |    |    |  | N/A for monitoring purposes                              |  |  |  |

| preferred place of death and achieved   |                                   |        |            |      |     |   |   |   |  |
|---|-----------------------------------|--------|------------|------|-----|---|---|---|--|
| this.   |                                   |        |            |      |     |   |   |   |  |
| Patient's risk of falls to be assessed within 6 hours of admission.   | 100%                              | 95.7%  | Not<br>met | 87.1 | 94  |   |   |   | Time of recording rather than time of assessment 4 patients  |
| Patient's written care plan tailored to address falls risk completed within 6 hours of admission.   | 100%                              | 95.7%  | Not<br>met | 87.1 | 94  |   |   |   | Time of recording rather than time of assessment 4 patients  |
| Pressure ulcer risk assessment to be completed within 6 hours of admission. (Ref - NHS Improvement 2018 Pressure Ulcers: revised definition and measurement).                     | 95%                               | 95.7%  | Met        | 87.1 | 94  |   |   |   | Time of recording rather than time of assessment 4 patients  |
| Patient's written care plan tailored to address pressure ulcer risk within 6 hours of admission (Ref - NHS Improvement 2018 Pressure Ulcers: revised definition and measurement). | 95%                               | 95.7%  | Met        | 87.1 | 94  |   |   |   | Time of recording rather than time of assessment 4 patients  |
| Venous thromboembolism (VTE) risk to be assessed within 24 hours of admission to determine if prophylaxis required.   | 100%                              | 98.5%  | Not<br>met | 100  | 97  |   |   |   | 2 were missed on admission. They had been seen at the Hospice previously. Incident reported on SIRMs |
| Percentage of patients that report a positive experience of care via the Friends and Family Test.   | 90%                               | 100%   | Met        | 100  | 100 |   |   |   | Q2 - 10 forms returned since HCA champions identified.   |
| Number of complaints and compliments received and actions taken   | N/A for<br>monitoring<br>purposes | -      | -          | -    | -   | - | - | - | N/A for monitoring purposes  Refer to Sect 5.2 in report   |
| Number of clinical and non-clinical incidents and actions taken   | N/A for<br>monitoring<br>purposes | -      | -          | -    | -   | - | - | - | N/A for monitoring purposes  Refer to Sect 5.2 in report.  |
| Living Well Centre  |                                   |        |            |      |     |   |   |   | COMMENTS   |
| Total number of patients attending the Living Well Centre   | N/A for<br>monitoring<br>purposes | 249    | -          | 138  | 135 |   |   |   | N/A for monitoring purposes  |
| Number and percentage of Living Well Centre patients receiving a care plan  | 100%                              | 100%   | -          | 100  | 100 |   |   |   |  |
| Percentage occupancy  | ≥ 80%                             | 31.25% | Not<br>Met | 51.2 | 57  |   |   |   | Occupancy expected to continue to increase as referrals are increasing.                              |

| Time from referral to Living Well Centre and contact to arrange home visit / assessment             | 90%<br>within 7                   | 100%  | Met | 100 | 100 |   |   |   |   |
|---|-----------------------------------|-------|-----|-----|-----|---|---|---|---|
| assessifierit   | days                              |       |     |     |     |   |   |   |   |
| Time from first referral in LWC to Physiotherapy assessment   | 100%<br>within 21<br>days         | 100%  | Met | 100 | 100 |   |   |   |   |
| Time from referral in LWC to Occupational therapy assessment  | 100%<br>within 21<br>days         | 100%  | Met | 100 | 100 |   |   |   |   |
| Percentage of patients that report a positive experience of care via the Friends and Family Test    | 90%                               | 100%  | Met | 100 | 100 |   |   |   | Q2 – 4 forms returned since HCA champions identified.   |
| Bereavement Support Services (A   | Adults)                           |       |     |     |     |   |   |   | COMMENTS  |
| Total number of clients accessing bereavement support services (adults)                             | N/A for<br>monitoring<br>purposes | 103   | -   | 46  | 55  |   |   |   | N/A for monitoring purposes   |
| Number and percentage of clients contacted within 15 working days of receipt of referral (adults)   | 95%                               | 96.3% | Met | 100 | 100 |   |   |   |   |
| Number and percentage of written assessments of needs and action plans agreed with clients (adults) | 100%                              | 100%  | Met | 100 | 100 |   |   |   |   |
| Percentage of clients that report a positive experience of care via the Friends and Family Test     | 90%                               | 100   | Met | 100 | 100 |   |   |   | Q2 - 12 forms returned.   |
| Number of complaints and compliments received and actions taken                                     | N/A for<br>monitoring<br>purposes | -     | -   | -   | -   | - | - | - | N/A for monitoring purposes. Complaints are recorded on the Incident Log. Refer to Sect. 5.2 of report. |
| Number of safeguarding incidents and actions taken  | N/A for<br>monitoring<br>purposes | -     | -   | -   | -   | - | - | - | N/A for monitoring purposes  Refer to Sect. 5.2 in report   |
| Dementia services   |                                   |       |     |     |     |   |   |   | COMMENTS  |
| Total number of patients attending<br>Dementia Support Service                                      | N/A for<br>monitoring<br>purposes | 95    | -   | 53  | 76  |   |   |   | N/A for monitoring purposes.  |
| Time from referral to Admiral Nurse for first contact and appointment arranged for assessment.      | 95%<br>within 15<br>days          | 99%   | Met | 100 | 100 |   |   |   |   |

| Time from referral to Namaste care for first contact and appointment arranged for assessment. | 95%<br>within 15<br>days          | 100% | Met | 100 | 100 |   |   |   |  |
|---|-----------------------------------|------|-----|-----|-----|---|---|---|--|
| Percentage of patients who provide feedback and report a positive experience of care          | 90%                               | 100% | Met | 100 | 100 |   |   |   | Q2 – 9 forms returned.                                   |
| Number of complaints and compliments received and actions taken                               | N/A for<br>monitoring<br>purposes | -    | •   | -   | -   | - | 1 | • | N/A for monitoring purposes  Refer to Sect 5.2 of report |
| Number of clinical and non-clinical incidents and actions taken                               | N/A for<br>monitoring<br>purposes | -    |     | -   | -   | - | 1 | ı | N/A for monitoring purposes  Refer to Sect 5.2 of report |

| Table 2 – Hospice activity against LQRs 2023-2024   |           |                           |                     |              |      |    |    |  |  |  |  |  |  |
|---|-----------|---------------------------|---------------------|--------------|------|----|----|--|--|--|--|--|--|
| Indicators.   | Threshold | End of<br>Year<br>2022-23 | Met –<br>Not<br>met | performance. |      |    |    | End<br>of<br>year<br>2023<br>-<br>2024 |  |  |  |  |  |
|   |           |                           |                     | Q1           | Q2   | Q3 | Q4 |  | Year 2023-2024 Performance   |  |  |  |  |
|   |           |                           |                     |              |      |    |    |  | COMMENTS.  |  |  |  |  |
| % of national safety alerts issued via the Central Alert System (CAS) that are fully implemented within the timescales set out within the alert.                              | 100%      | -                         | -                   | 100%         | 100% |    |    |  |  |  |  |  |  |
| % of patients and carers surveyed who are satisfied with the service.   | 75%       | -                         | -                   | 100%         | 100% |    |    |  |  |  |  |  |  |
| % of patients who felt they were treated with dignity and respect, as part of service user experience.  | 100%      | -                         | -                   | 100%         | 100% |    |    |  |  |  |  |  |  |
| % of eligible staff who have received safeguarding adults supervision in accordance with caseload supervision arrangements and the organisations clinical supervision policy. | 100%      | -                         | -                   | 100%         | 100% |    |    |  | Supervision Policy in place. Staff have access to supervision on a 121 basis, (internal and external supervisors), group topic specific / following safeguarding issues. |  |  |  |  |
| % of staff that have a safeguarding adult training session within 6 weeks of taking up the post.  | 100%      | -                         | -                   | n/a          | 60%  |    |    |  | 5 clinical new starters this quarter.<br>The 6 wk period falls across Q2/3   |  |  |  |  |

| 4000/ 6 11 11 4 66 050/ 4 1   |       |   |   |       |      |  |   |
|---|-------|---|---|-------|------|--|---|
| 100% of eligible staff, 95% triggers  |       |   |   |       |      |  |   |
| exception reporting, 90% requires   |       |   |   |       |      |  |   |
| remedial action plan. Excludes maternity  |       |   |   |       |      |  |   |
| and sick leave.   |       |   |   |       |      |  |   |
| % of staff that have completed  | 100%  | - | - | 92    | 96   |  | Hospice mandatory training target is    |
| safeguarding adults training in   | 10070 |   |   | "-    |      |  | 90%. The 6wk period falls across        |
| accordance with the level, duration and   |       |   |   |       |      |  | Q2/3.                                   |
|   |       |   |   |       |      |  |   |
| frequency set out in the Adult  |       |   |   |       |      |  | Share matrix.                           |
| Safeguarding: Roles and Competencies  |       |   |   |       |      |  | Review requirements.                    |
| for Health Care Staff, Intercollegiate  |       |   |   |       |      |  | Improve reporting to enable managers    |
| Document August 2018.   |       |   |   |       |      |  | to monitor and encourage uptake.        |
| 100% of eligible staff, 95% triggers  |       |   |   |       |      |  | Safeguarding link practitioner to       |
| exception reporting, 90% requires   |       |   |   |       |      |  | monitor and encourage uptake.           |
| remedial action plan. Excludes maternity  |       |   |   |       |      |  | memor and encourage apramer             |
| and sick leave.   |       |   |   |       |      |  |   |
| The Provider will ensure that all training  | 100%  |   |   | 67.30 | 75   |  | Lleanies mandatany training towart is   |
|   | 100%  | - | - | 67.30 | /5   |  | Hospice mandatory training target is    |
| around the Mental Capacity Act (MCA)  |       |   |   |       |      |  | 90%                                     |
| and the Deprivation of Liberty  |       |   |   |       |      |  | Decision made to do Face to Face        |
| Safeguards (DOLS) is provided in  |       |   |   |       |      |  | rather than e-learning as adds more     |
| accordance with the level, duration and   |       |   |   |       |      |  | value. All staff are booked on the face |
| frequency as set out in the Adult   |       |   |   |       |      |  | to face training.                       |
| Safeguarding: Roles and Competencies  |       |   |   |       |      |  | ŭ                                       |
| for Health Care Staff, Intercollegiate  |       |   |   |       |      |  |   |
| Document August 2018.   |       |   |   |       |      |  |   |
| % of eligible staff who meet the minimum  | 85%   |   |   | 86    | 92   |  | Requirements for qualified staff to     |
|   | 05 /6 | - | - | 00    | 92   |  | be clarified as Level 3                 |
| requirements for "Prevent" mandatory  |       |   |   |       |      |  | be clarified as Level 5                 |
| training in accordance with the Prevent   |       |   |   |       |      |  |   |
| Training and Competencies Framework.  |       |   |   |       |      |  |   |
| % of eligible staff who have received   | 100%  | - | - | 100%  | 100% |  |   |
| safeguarding children's supervision in  |       |   |   |       |      |  |   |
| accordance with caseload supervision  |       |   |   |       |      |  |   |
| arrangements and the organisations  |       |   |   |       |      |  |   |
| clinical supervision policy.  |       |   |   |       |      |  |   |
| % of staff that have a safeguarding   | 100%  | _ | _ | n/a   | 60   |  | 5 clinical new starters this quarter    |
| children training session within 6 weeks  | 10070 |   |   | 11/4  |      |  | 5 Similar Hote Starters tills quarter   |
| of taking up the post.  |       |   |   |       |      |  |   |
|   |       |   |   |       |      |  |   |
| 100% of eligible staff, 95% triggers  |       |   |   |       |      |  |   |
| exception reporting, 90% requires   |       |   |   |       |      |  |   |
| remedial action plan. Excludes maternity  |       |   |   |       |      |  |   |
| and sick leave.   |       |   |   |       |      |  |   |
| % of eligible staff that have completed   | 100%  | - | - | 88    | 94   |  | .Hospice Target is 90%                  |
| safeguarding children training in   |       |   |   |       |      |  |   |
| accordance with the level, duration and   |       |   |   |       |      |  |   |
| frequency as set out in the Safeguarding  |       |   |   |       |      |  |   |
| m - j = 1 - j = 2 - 2 - 2 - 2 - 1 - 1 - 2 - 2 - 2 - 3 - 3 - 4 - 1 - 1 - 3 - 2 - 3 - 3 - 4 - 1 - 1 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 |       |   |   |       |      |  |   |

| 75%       | -                                      | -  | n/a  | n/a  |   |   |   | To monitor uptake during flu season.   |
|-----------|--|--|------|--|---|---|---|--|
|           |  |  |      |  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
| 100%      |  | _  | 83   | 03   |   |   |   | Staffing issues/IT constraints have  |
| 100 /6    | _                                      | _  | 03   | 33   |   |   |   | been a barrier to completing   |
|           |  |  |      |  |   |   |   | mandatory training. Compliance is  |
|           |  |  |      |  |   |   |   | improving.   |
|           |  |  |      |  |   |   |   | improving.   |
| 100%      |  |  | 0.4  | 100  |   |   |   |  |
| 100 /0    | _                                      | _  | 34   | 100  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
| <5.00% of |  |  | 1 0/ | 0.40   |   |   |   |  |
|           | -                                      | _  | 1.04 | 0.49   |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
| Structure |  |  |      |  |   |   |   |  |
| <7.00% of | -                                      | -  | 5.30 | 5.40   |   |   |   |  |
| structure |  |  |      |  |   |   |   |  |
| days      |  |  |      |  |   |   |   |  |
| 98%       | -                                      | -  | 87.1 | 94   |   |   |   | Time of recording rather than time of  |
|           |  |  |      |  |   |   |   | assessment.  |
| 98%       | -                                      | -  | 100  | 100  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
| 100%      | -                                      | -  | 100  | 100  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
| 98%       | -                                      | -  | 100  | 100  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
| 98%       | -                                      | -  | 90.5 | 12.5   |   |   |   | No evidence of discussion in 14  |
|           |  |  |      |  |   |   |   | patients notes. ?because EHCP was  |
|           |  |  |      |  |   |   |   | not required. Improvement action plan  |
|           |  |  |      |  |   |   |   | to be agreed. Medical Discharge  |
|           |  |  |      |  |   |   |   | Template to be developed.  |
| 98%       | -                                      | -  | 100  | 100  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
| 98%       | -                                      | -  | 100  | 100  |   |   |   |  |
|           |  |  |      |  |   |   |   |  |
|           | structure days 98% 98% 98% 98% 98% 98% | 100% -  100% -  100% -  <5.00% of staffing structure  <7.00% of structure days  98% -  100% -  98% -  98% -  98% - | 100% | 100%       -       -       83         100%       -       -       94         <5.00% of staffing structure | 100%       -       -       83       93         100%       -       -       94       100         <5.00% of staffing structure | 100%       -       -       83       93         100%       -       -       94       100         <5.00% of staffing structure | 100%       -       -       83       93         100%       -       -       94       100         <5.00% of staffing structure | 100% 83 93  100% 94 100  <5.00% of staffing structure  <7.00% of structure days  98% 87.1 94  98% 100 100  98% 100 100  98% 100 100  98% 100 100  98% 100 100  98% 100 100 |

| death (for hospice inpatients or hospice |     |   |   |      |      |  |                                     |
|--|-----|---|---|------|------|--|-------------------------------------|
| at home care patients).                  |     |   |   |      |      |  |                                     |
| % of patients who state their preferred  | 85% | - | - | 97.4 | 98   |  |                                     |
| place of death and achieve it (for       |     |   |   |      |      |  |                                     |
| deceased hospice inpatients or hospice   |     |   |   |      |      |  |                                     |
| at home care patients).                  |     |   |   |      |      |  |                                     |
| % of discharge summaries to be sent to   | 95% | - | - | 50   | 73.3 |  | Custom and practice, should improve |
| GP within 24hrs                          |     |   |   |      |      |  | now specialist Dr/ANP in post. No   |
|  |     |   |   |      |      |  | onsite Dr at weekends/bank holidays |

# 5.0 Protecting people from avoidable harm through prevention falls, suspected deep tissue injuries, pressure ulcers and thromboembolism.

### 5.1 Patient Safety

1.1 The review and updating of policies has continued over 2023 - 2024 to ensure our suite of care related policies and procedures reflect local and national guidelines. Within this quarter we updated key policies such as Control of Infection caused by Ectoparasite and Threadworms Policy & Procedure

To fulfil our 'Duty of Candour' we report all serious incidents to statutory and regularity bodies, our commissioners and internally in our own clinical governance forums. See tables 2 and 3 below. Furthermore, our Clinical Practice Development Nurse also provides in house Duty of Candour training sessions for clinical staff.

#### Summary of clinical and other untoward incidents

| Table 2 - Clinical an   | Table 2 – Clinical and untoward incidents 2023-2024 |                   |     |     |     |     |             |  |  |  |  |  |  |  |  |
|---|---|-------------------|-----|-----|-----|-----|-------------|--|--|--|--|--|--|--|--|
|   | Code  | 2022-23<br>Totals | Q1. | Q2. | Q3. | Q4. | Year<br>end | Comments   |  |  |  |  |  |  |  |
| Service Falls   | 1   | 21                | 3   | 10  |     |     |             | 9 Unavoidable, 1 avoidable (faulty nurse call box)   |  |  |  |  |  |  |  |
| Pressure Ulcers/SDTI  | 3   | 31                | 6   | 5   |     |     |             | 2 PU (1 patient on admission) and 1 SDTI on admission and 2 following admission (3 patients) |  |  |  |  |  |  |  |
| Medication Errors   | 4   | 18                | 7   | 7   |     |     |             | 1 external and 6 internal to Hospice   |  |  |  |  |  |  |  |
| Other clinical incidences                                     | 6   | 38                | 18  | 26  |     |     |             |  |  |  |  |  |  |  |  |
| Infection Prevention and Control - Health acquired infections | 7   | 12                | 1   | 3   |     |     |             | 2 Cdiff & 1 Covid on admission   |  |  |  |  |  |  |  |
| Other non-clinical incidences                                 | 8   | 4                 | 0   | 0   |     |     |             |  |  |  |  |  |  |  |  |

| Information Governance | 9  | 16 | 6 | 3 |  |                                  |
|------------------------|----|----|---|---|--|----------------------------------|
| Subject Access         | 10 | 0  | 1 | 1 |  |                                  |
| Requests               |    |    |   |   |  |                                  |
| Safeguarding           | 11 | 1  | 1 | 4 |  |                                  |
|                        |    |    |   |   |  |                                  |
| MCA/DoLS               | -  | 22 | 8 | 4 |  | SIRMS completed for all MCA/DoLS |
|                        |    |    |   |   |  |                                  |

## 5.2 Serious Incidents and complaints

## **Quarter Two**

| Incident | Incident   |                  |                    |           |                        | Initial    | Actual     |                          |
|----------|------------|------------------|--------------------|-----------|------------------------|------------|------------|--------------------------|
| Number   | Date       | Cause Group      | Cause 1            | Cause 2   | Details Of Incident    | impact     | Impact     | Outcome Description      |
|          |            |                  |                    |           |                        |            |            | Patient had been         |
|          |            |                  |                    |           |                        |            |            | nursed in bed for two    |
|          |            |                  |                    |           |                        |            |            | weeks, admitted          |
|          |            |                  |                    |           |                        |            |            | unconscious, had not     |
|          |            |                  |                    |           | Patient admitted for   |            |            | been eating/drinking,    |
|          |            |                  |                    |           | EOLC with a SDTI to    | 4 - Major, |            | had family support and   |
|          |            |                  |                    |           | their left heel,       | Permanent  | 2 - Minor, | district nurses, Marie   |
|          |            |                  |                    |           | elbows/sacrum/ears,    | Harm;      | Minimal    | Curie input when at      |
|          |            |                  | Deep Tissue Injury |           | not broken but         | Severe     | Harm; Low  | home. No concerns re     |
| 107327   | 04/07/2023 | Tissue Viability | (DTI)              |           | discoloured.           | Disruption | Disruption | neglect.                 |
|          |            |                  |                    |           |                        |            |            | On arrival to LWC        |
|          |            |                  |                    |           |                        |            |            | cleansed and dressed     |
|          |            |                  |                    |           |                        |            |            | wound. Referred to SPA   |
|          |            |                  |                    |           |                        |            |            | for DN input at home.    |
|          |            |                  |                    |           |                        |            |            | Patient tolerated        |
|          |            |                  |                    |           |                        |            |            | sessions at LWC with no  |
|          |            |                  |                    |           | Skin tear to right leg |            |            | concerns and was         |
|          |            |                  |                    |           | when transferring      |            |            | returned home safely.    |
|          |            |                  |                    |           | from home armchair     |            |            | Advice to HCA on         |
|          |            |                  |                    |           | to wheelchair. In      |            |            | positioning of           |
|          |            |                  |                    |           | own home being         | 2 - Minor, | 2 - Minor, | wheelchair and foot rest |
|          |            |                  |                    |           | transferred to         | Minimal    | Minimal    | hangers to avoid further |
|          |            |                  | Moving And         |           | wheelchair to access   | Harm; Low  | Harm; Low  | contact. HCA to use      |
| 107453   | 06/07/2023 | Health & Safety  | Handling (Patient) | Skin Tear | minibus.               | Disruption | Disruption | during transfers         |

|        |            |                                     |   |            |   |   |  | Review of moving and handling risk assessment in home. No changes needed.   |
|--------|------------|-------------------------------------|---|------------|---|---|--|---|
|        |            |                                     |   | Controlled | Patient's written prescribed PRN sub cut dose of morphine on their Kardex did not equate with the recommended prn sub cut dose of a 6th of the daily syringe driver dose. Syringe driver dose was 40mg over 24 hours. PRN sub cut dose was written 15mg - 20mg s/c up to hourly with no max | 1 - No<br>Harm;                                     | 1 - No   | All doses (PRN, subcut<br>PRN, syringe drivers) to<br>be checked regardless<br>of what is prescribed in   |
| 107490 | 12/07/2023 | Medication  Violence And Aggression | Prescribing  Physical Assault Of Staff By Patient | Drug       | dose in 24 hours.  Patient verbally and physically aggressive towards staff, after banging his channel changer against the bedroom walls and table. Staff member on her left wrist then threw the   | Negligible  2 - Minor, Minimal Harm; Low Disruption | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | the community  Patient calmed down and agreed to not to get out of bed and have analgesia for pain to his left leg. Staff member supported as needed. Patient care reviewed by medical and nursing staff. |

|        |            |                        |                           |                               | channel changer at her. He then said he was going to get out of the bed to attack her.   |                               |                | Risk assessment in place. Note on handover advising risk assessment in place.  |
|--------|------------|------------------------|---------------------------|-------------------------------|--|-------------------------------|----------------|--|
| 107633 | 12/07/2023 | Health & Safety        | Slip/Trip/Fall            | Patient Fall On<br>Same Level | Patient had unwitnessed fall in Hospice car park on way into LWC. Reviewed by RN and physiotherapist. No concerns, no injuries reported. Able to complete session at LWC and travel home safely. | 1 - No<br>Harm;<br>Negligible | 1 - No<br>Harm | Reviewed by Physiotherapist - no concerns reported. Moving/handling risk assessment completed. Falls bundle not updated. Able to partake in session and travelled home safely. Verbal duty of candour - t/call to wife to explain, no concerns raised. Checked car park - no trip hazards in vicinity identified by patient. Falls bundle updated by physio. |
| 107704 | 13/07/2023 | Safeguarding<br>Adults | Deprivation Of<br>Liberty |                               | Patient lacks capacity to make informed decision re: care and treatment.   | 7 - Soft<br>Intelligence      | 1 - No<br>Harm | MCA 1 & 2 completed Urgent Dols request sent. CQC notification sent Verbal duty of candour - family aware.   |

| 107783 | 03/07/2023 | Health & Safety | Other Health And<br>Safety |                                     | Hospice transport vehicle (Minivan SC63 YBU) tax had expired on 31.06.2023 and not renewed immediately on 01.07.2023.  Remained untaxed until 05.07.2023. | 1 - No<br>Harm;<br>Negligible                           | 1 - No<br>Harm                                   | Situation explained to DVSA. Replacement log book requested and paid for vehicle tax renewal, back dated to 01.07.23. DVSA records updated for accuracy. Assured reminder letter will be sent next year. No further actions. Staff to keep calendar reminder for next renewal period. Monitoring and renewals process to be discussed with new Governance and Compliance Manager once in post. Replacement log book Vehicle back in use now appropriate tax and documentation in situ. |
|--------|------------|-----------------|----------------------------|-------------------------------------|---|---|--|--|
| 107797 | 17/07/2023 | Health & Safety | Other Health And<br>Safety | Waste                               | No sharps bins.   | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption |  |
| 107821 | 15/07/2023 | Health & Safety | Other Health And<br>Safety | Safeguarding<br>Vulnerable<br>Adult | Staff contacted by police who man 101 online chat to advise that an inpatient had been expressing suicidal thoughts on the online police chat.            | 7 - Soft<br>Intelligence                                | 1 - No<br>Harm                                   | Patient advised of hospice staff contact with police (as above) and that hospice would be called if any other conversations happen on the 101 online chat Advised patient and family if they wished to   |

|        |            |                        |                           |   |                               |                | peruse the issue they would need to contact Co.Durham Police. Patient, husband and daughter happy with information given. Patient has no thoughts to take own life.   |
|--------|------------|------------------------|---------------------------|---|-------------------------------|----------------|---|
| 107862 | 18/07/2023 | Safeguarding<br>Adults | Deprivation Of<br>Liberty | Patient was admitted to the hospice for EoLC and is unconscious, lacks capacity and is coming to the end of their life. | 1 - No<br>Harm;<br>Negligible | 1 - No<br>Harm | MCA 1&2 completed for care and treatment - lacks capacity DoLs application requested Verbal duty of candour - family aware CQC notification completed SIRMs completed |
| 107002 | 10/07/2023 | radics                 | Liberty                   | then me.  | TTCBIIBIDIC                   | Tidiiii        | Sittivis completed  |
|        |            |                        |                           |   |                               |                |   |
|        |            |                        |                           | For Valuation of Control  | 2                             |                | Police contacted. NOK   |
|        |            |                        |                           | Ex Volunteer found outside of Hospice at  | 3 -<br>Moderate,              | 2 - Minor,     | contacted and informed of incident.   |
|        |            |                        |                           | 02:00 known to have   | Short Term                    | Minimal        | Risk assessment put in  |
|        |            |                        | Other health And          | recent diagnosis of   | Harm Or                       | Harm; Low      | place   |
| 107920 | 20/07/2023 | Health & Safety        | Safety                    | Dementia.   | Disruption                    | Disruption     |   |

| 107960 | 20/07/2023 | Information<br>Governance  | Misdirected<br>Email/Hard Copy<br>Sent Containing<br>Confidential<br>Information | Breach Of<br>Patient<br>Confidentiality | Information governance issue - documents and tags relating to an albumin infusion had been sent to the wrong email address on the 10/06/23   | 1 - No<br>Harm;<br>Negligible                           | 1 - No<br>Harm  | Email sent in error was deleted by recipient. Referral forms were subsequently sent to correct recipients. No patient harm reported. Duty of candour - admin had notified recipient immediately. Revisited info governance policy and expectations with staff member. IG training is up to date - valid to April 2024 |
|--------|------------|----------------------------|--|---|--|---|---|---|
| 107970 | 20/07/2023 | Safeguarding<br>Children   | Other<br>Safeguarding<br>Children  |   | Reported by client during counselling that the house their grand child lives in with parent, was vandalised by a friend of the parent and the child witnessed this.  Reported by the client that the police were involved in this situation. | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption        | 1 - No<br>Harm  | Referral to local authority child safeguarding team. Responded to request that additional information be sent to them. LAS team have advised that the client contacts them directly. Client given advice/support. 26.07.23 - CQC notification sent and  |
| 108114 | 21/07/2023 | Violence And<br>Aggression | Threatening<br>Behaviour By<br>Patient To Staff                                  |   | Patient admitted that day for complex pain management became extremely agitated, aggressive and insisted on going home. Despite interventions from   | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | Patient readmitted to IPU following day. Remained uncooperative, aggressive towards staff and extremely agitated that afternoon continuing overnight.   |

|        |            |                        |                           |                               | staff he insisted on going home immediately with wife. Syringe drivers removed at his request and his own medication given to take home. Advised them to call OOH if any problems overnight. Telephone calls from Marie Curie, OOH GP requesting pain management at home. |  |  | 121 observation. Staffing reviewed daily to ensure staff felt safe and supported. reassure felt IPU unsafe T  |
|--------|------------|------------------------|---------------------------|-------------------------------|---|--|--|---|
| 108171 | 21/07/2023 | Safeguarding<br>Adults | Deprivation Of<br>Liberty |                               | Patient with dementia admitted from UHND with aspirate pneumonia for EoLC. Following capacity assessment found not to have capacity to consent to care and treatment at the Hospice.  | 1 - No<br>Harm;<br>Negligible                    | 1 - No<br>Harm                                   | MCA 1&2 completed DoLs application completed. Verbal duty of candour - family aware. CQC notification sent.   |
| 108171 | 25/07/2023 |                        | Slip/Trip/Fall            | Patient Fall On<br>Same Level | Avoidable unwitnessed fall, patient wanting to remain independent as per OT assessment was able to stand without supervision.   | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | Falls Bundle completed within 6hrs of admission as per KPI. To ensure sensor mat in situ and connected once assessed as a requirement - staff have been spoken to re this (REFLECTIVE PRACTICE). To advise patient on |

|        |            |                  |                    |   |                       |                       | safe standing - has capacity to make own decisions. Patient requested bedrails up following incident - bedrail assessment updated Reviewed by Dr and physio post fall 26/07/23, within 24hrs as per P & P. Verbal duty of candor, family informed. |
|--------|------------|------------------|--------------------|---|-----------------------|-----------------------|--|
|        |            |                  |                    | Patient developed                         | 2 - Minor,            | 2 - Minor,            | Care plan in place and in line with what patient could tolerate. CQC notification completed Safeguarding informed.   |
|        |            |                  | Deep Tissue Injury | SDTI to L hip after admission. Patient at | Minimal<br>Harm; Low  | Minimal<br>Harm; Low  | Not referred to TVN as not complex SDTI  |
| 108190 | 25/07/2023 | Tissue Viability | (DTI)              | very end of life. Clinical waste not      | Disruption            | Disruption            | Patient died 26/7/23   |
|        |            |                  |                    | collected on                              |                       |                       |  |
|        |            |                  |                    | allocated dates                           |                       |                       |  |
|        |            |                  |                    | including grace period (due to be         | 2 - Minor,<br>Minimal | 2 - Minor,<br>Minimal | Complaint made to  |
|        |            | Estates And      | Non - Collection   | collected between                         | Harm; Low             | Harm; Low             | contractor. Contract   |
| 108192 | 26/07/2023 | Facilities       | Of Waste           | 21st and 25th July).                      | Disruption            | Disruption            | review on going.   |
|        |            |                  |                    | Wife of a patient                         |                       |                       |  |
|        |            |                  |                    | who had been                              |                       |                       | Visitor advised her  |
|        |            |                  |                    | sleeping in the patient's room            |                       |                       | daughter had forgot to put breaks on chair but   |
|        |            |                  |                    | overnight in a                            |                       |                       | they were aware of the   |
|        |            |                  |                    | recliner chair slipped                    | 1 - No                |                       | breaks.  |
|        |            |                  |                    | to the floor whilst                       | Harm;                 | 1 - No                | Aware to seek medical  |
| 108414 | 03/08/2023 | Health & Safety  | Slip/Trip/Fall     | getting up and was                        | Negligible            | Harm                  | attention if needed -  |

|        |            |  |                                      |              | found sat on the floor.                  |  |  | which she doesn't feel she needs.   |
|--------|------------|--|--------------------------------------|--------------|--|--|--|---|
| 108427 | 27/07/2023 | Access,<br>Admission,<br>Transfer,<br>Referral | Access To Service<br>Failure (Other) |              | Hospice ran out of<br>Death Certificates | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | New death certificate requested and received within 24hrs. Process re death certification reinforced. Care after death SOP. updated. Medical staff reminded to complete slip for more certificates and give to admin staff. |
|        | , ,        |  |                                      |              |  | ·  | ·  | Unavoidable,<br>unwitnessed fall<br>Spoke with individual<br>staff re completion of   |
|        |            |  |                                      |              |  |  |  | relevant admission documentation in timely manner (Bedrail assessment). Spoke with individual   |
|        |            |  |                                      | Patient Fall | Patient rolled out of                    | 1 - No<br>Harm;                                  | 1 - No   | staff re Admissions Falls Bundle audit as   |
| 108677 | 09/08/2023 | Health & Safety                                | Slip/Trip/Fall                       | From Bed     | bed.                                     | Negligible                                       | Harm   | information incorrect.  |

| 108784 | 09/08/2023 | Infection,<br>Prevention And<br>Control | Clostridium Diff,<br>Infection |  | 09.08.2023 - Report from CDDFT microbiology that patient has tested positive for C-diff. Barrier nursing already in situ. Housekeeping team are following standard cleaning protocols when a patient has infective stool. Family informed of positive status and need to wear PPE when in patient's room. | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | Family kept informed. IV vancomycin as patient is actively dying and cannot tolerate IV medications. Infection control team contacted. 10.08.23 Patient has died. IPC team agreed this is a community associated HCI secondary to antibiotics, acquired at UHND. UKHSA notified C-diff not related to a second patient testing positive on Hospice Cause of death not due to C-diff. Does not need referral to the coroner. IPC team notified. Deep clean of patient's room. |
|--------|------------|---|--------------------------------|--|---|--|--|--|
|--------|------------|---|--------------------------------|--|---|--|--|--|

|        |            |             |                |               | NA. compositoro                     |            |            |                          |
|--------|------------|-------------|----------------|---------------|-------------------------------------|------------|------------|--------------------------|
|        |            |             |                |               | My computer was                     |            |            |                          |
|        |            |             |                |               | replaced. Now                       |            |            |                          |
|        |            |             |                |               | unable to renewing                  |            |            |                          |
|        |            |             |                |               | certificates or                     |            |            |                          |
|        |            |             |                |               | repairing smartcards                | 3 -        | 3 -        |                          |
|        |            |             |                |               | on the NHS Spine                    | Moderate,  | Moderate,  | Support sort from ICB    |
|        |            |             |                |               | Portal. Cornerstones                | Short Term | Short Term | digital team. NECSU      |
|        |            |             | Non Clinical   |               | informed but unable                 | Harm Or    | Harm Or    | supporting               |
| 108835 | 14/08/2023 | IT          | Software Issue |               | to repair this.                     | Disruption | Disruption | Cornerstones.            |
|        |            |             |                |               | Water leaking                       |            | ·          |                          |
|        |            |             |                |               | through ceiling and                 |            |            |                          |
|        |            |             |                |               | ceiling light in                    |            |            |                          |
|        |            |             |                |               | lounge. Rang SMT                    |            |            |                          |
|        |            |             |                |               | on call mobile went                 |            |            |                          |
|        |            |             |                |               | to voicemail.                       |            |            |                          |
|        |            |             |                |               | Previous incident on                |            |            |                          |
|        |            |             |                |               | Friday 11/08/2023                   |            |            |                          |
|        |            |             |                |               | when message left                   |            |            |                          |
|        |            |             |                |               | on SMT on call                      |            |            |                          |
|        |            |             |                |               | mobile and staff had                |            |            |                          |
|        |            |             |                |               |                                     |            |            |                          |
|        |            |             |                |               | not received a return call over the |            |            |                          |
|        |            |             |                |               |                                     |            |            |                          |
|        |            |             |                |               | weekend.                            |            |            |                          |
|        |            |             |                |               | Contacted Service                   |            |            |                          |
|        |            |             |                |               | Manger who                          |            |            |                          |
|        |            |             |                |               | contacted SMT on                    |            |            |                          |
|        |            |             |                |               | call via her personal               |            |            |                          |
|        |            |             |                |               | mobile number.                      |            |            |                          |
|        |            |             |                |               | Lights were                         |            |            |                          |
|        |            |             |                |               | separated from the                  |            |            |                          |
|        |            |             |                |               | loop when the same                  |            |            |                          |
|        |            |             |                |               | leak had occurred                   |            |            | On call mobile set to    |
|        |            |             |                |               | two weeks ago.                      | 2 - Minor, | 2 - Minor, | voicemail for some       |
|        |            |             |                |               | Ensured lights were                 | Minimal    | Minimal    | reason. Mobile taken     |
|        |            | Estates And | Facilities     | Communication | switched off in the                 | Harm; Low  | Harm; Low  | off voicemail by Central |
| 108863 | 14/08/2023 | Facilities  | Management     | Failure       | room.                               | Disruption | Disruption | Support next day.        |

|   | 108933 | 15/08/2023 | Medication             | Medication<br>Supply Issue -<br>Shortage | No Contract In<br>Place | Email received from PHARMA Team Valley advising Hospice that wholesale supply from Isletones pharmaceuticals is terminated with immediate effect due to significant issues sourcing supplies from wholesale suppliers which would compromise their ability to supply us with the range of medication we require. | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption        | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption        | Risk management plan put in place for that day. Interim solution but in place via Burdon's. Longer terms solution being worked on.  |
|---|--------|------------|------------------------|--|-------------------------|--|---|---|---|
| • | 108961 | 17/08/2023 | IT                     | IT Network Failure                       |                         | IT systems not<br>working from 4am to<br>7am   | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | S1 restored and no action required  |
|   | 109096 | 17/08/2023 | Clinical<br>Assessment |  |                         | Failure to complete planned medical review of outpatient. Planned review was not timetabled and Dr could not now attend outpatient review due to capacity.   | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption        | 1 - No<br>Harm  | Consultant informed. Consultant offered review, with 1 hour waiting time. Verbal duty of candour. Outpatient informed, outpatient unable to wait due to transport/ time constraints. No immediate concerns, outpatient can wait until next week's attendance. |

|        |            |   |             |   |                          |                | Agreed new process to avoid this in the future.   |
|--------|------------|---|-------------|---|--------------------------|----------------|---|
| 109099 | 17/08/2023 | Infection,<br>Prevention And<br>Control |             | Patient admitted to IPU with Covid. Patient admitted to IPU from UHND for EOLC with chest symptoms. Routine LFT on admission showed positive for Covid. | 7 - Soft<br>Intelligence | 1 - No<br>Harm | Patient and family informed and advise given re: mask wearing which are supplied by hospice (IIR) and hand hygiene. Clinical team including domestic staff aware and on handover sheet. Risk assessments in place. IPC precautions in place. Transferring Ward at UHND informed of positive result and they advised other people in bay positive. |
| 109099 | 1//00/2023 | Control                                 |             | Patient has been  | intelligence             | Панн           | Outpatients now to be   |
|        |            |   |             | prescribed oral   |                          |                | referred to community   |
|        |            |   |             | ketamine solution by  |                          |                | team so that consultant   |
|        |            |   |             | hospice ward  |                          |                | is over seeing treatment  |
|        |            |   | Monitoring/ | doctors each month  | 6 - Near                 | 1 - No         | plan. Ketamine SOP to   |
| 109138 | 18/08/2023 | Medication                              | Follow Up   | on request on a   | Miss                     | Harm           | be updated accordingly  |

|        |  |                           |                   | 'repeat prescription' basis, but there is no record of any medication review or review of the patient since April 2023. The patient had been discharged from the community specialist palliative care team in June 2023 so had not been followed up by any other specialist palliative care service |   |   |  |
|--------|--|---------------------------|-------------------|---|---|---|--|
| 109146 | 19/08/2023<br>Incident<br>occurred<br>on 20.8.23<br>(not<br>19.8.23) | Estates And<br>Facilities | Loss Of Utilities | Gas not working. Meals were prepared using electricity rather than gas. Communication issues with SMT on call & IPU and contacting contractor out of hours.   | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | 20.8.23 gas was re-set. Gas Contractor had not picked up the messages. Back-up contractor to be found. IPU rota to identify Nurse in Charge / clear point of contact. IPU now have a new mobile phone Keys have been organised and audited. A signing in and out book for keys in central support to be introduced. On call managers to introduce a checklist of questions to ask staff when responding to a call to assess the likely impact more accurately. |

| 109161 | 21/08/2023    | Clinical Quality                   | Lack Of Assurance           | Audit Findings | Hospice does not appear to be fully compliant with fit and proper person checks for Trustees.  | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | 1 - No<br>Harm           | Trustee Declarations of Interest were on file, stored in the governance folder.   |
|--------|---------------|------------------------------------|-----------------------------|----------------|--|--|--------------------------|---|
|        |               |                                    | Other Health And            |                | Patient lit up a cigarette and was smoking in his room on admission prior  | 1 - No<br>Harm;                                  | 1 - No                   | Incident intercepted quickly and staff spoke with patient and relative re: smoking issues and hospice policy.  Mitigating actions |
| 109232 | 21/08/2023    | Health & Safety                    | Safety                      |                | to being clerked in.   | Negligible                                       | Harm                     | already in place.   |
| 109327 | 24/08/2023    | Safeguarding<br>Adults             | Deprivation Of<br>Liberty   |                | Patient lacks  | 7 - Soft<br>Intelligence                         | 7 - Soft<br>Intelligence | MCA 1&2 completed Urgent DoLs request sent CQC notification sent Duty of candour carried out and family aware SIRMS completed     |
|        | 2 1, 00, 2020 | 7 10.0.100                         | Medical                     |                | Capacity   |  |                          | - Chimic Completes.   |
| 109339 | 25/08/2023    | Medical Device,<br>Equipment       | Device/Equipment<br>Failure |                | Faulty Syrine Driver   | 7 - Soft<br>Intelligence                         | 1 - No<br>Harm           |   |
|        |               | Communication,<br>Confidentiality, | Communication               |                | Head of Clinical Services, who was taking a days annual leave, picked up a voicemail message on her personal mobile from the Palliative Care Consultant at CDDFT. When she returned the call | 1 - No<br>Harm;                                  | 1 - No                   | No work mobile. Uses personal mobile and had been changing network and switch was Tuesday. Alternative contact details given to   |
| 109467 | 23/08/2023    | Consent                            | Failure                     |                | Voicemail message  | Negligible                                       | Harm                     | consultant  |

|        |            |               |                               | had been left on<br>Tuesday. The<br>Consultant had<br>managed to resolve<br>the Tuesday issue<br>without having to<br>speak to her.  |                     |        |  |
|--------|------------|---------------|-------------------------------|--|---------------------|--------|--|
|        |            | Clinical      | Incorrect Patient             | Historically a donor email address was mistyped into Donorflex. The donor also had a second email address tagged to their profile. The donor received an email to their second email but questioned the content as they were already a part of the campaign. It was at this point the error in the original email. | 1 - No              | 1 - No |  |
| 109530 | 24/08/2023 | Documentation | Demographics On Documentation | in the original email was noted.   | Harm;<br>Negligible | Harm   |  |

## September 2023

| Incident | Incident |             |         |         |                     | Initial | Actual |                     |
|----------|----------|-------------|---------|---------|---------------------|---------|--------|---------------------|
| Number   | Date     | Cause Group | Cause 1 | Cause 2 | Details Of Incident | impact  | Impact | Outcome Description |

| 109564 | 01/09/202 | Contracting & Commissioning Issues | Inadequate<br>Staffing Levels | Access To<br>Service Delay -<br>Non Urgent<br>(Routine | We expected doctor cover on shift today and had a planned admission, unfortunately no doctor arrived and we were unable to get doctor cover, I rang the hospital and the admission we had organised we had to postpone until we have cover. Kardex's for the weekend I checked, we had a doctor I could call for advice and potentially a doctor could have came in briefly if there was anything urgent. I was able to sign the scripts for pharmacy. | 1 - No<br>Harm;<br>Negligible | 1 - No<br>Harm | Human error/miscommunicatio n IPU Ward manager now has access to medical rota and is overseeing medical rota. |
|--------|-----------|------------------------------------|-------------------------------|--|--|-------------------------------|----------------|---|
| 109564 |           |                                    | •                             |  | •  |                               |                |   |
| 103304 |           | 133463                             | Starring Levels               | (Nodellic  | Email intended for   | Hegilaidie                    | Halli          | medical fota.   |
|        |           |                                    |                               |  | JC St Cuthbert's   |                               |                |   |
|        |           |                                    | Misdirected                   |  | sent in error to JS  |                               |                |   |
|        |           |                                    | Email/Hard Copy               |  | CDDFT. No  |                               |                |   |
|        |           |                                    | Sent Containing               |  | confidential   | 1 - No                        |                |   |
|        | 31/08/202 | Information                        | Confidential                  |  | information  | Harm;                         | 1 - No         | Email recalled. No  |
| 109610 | 3         | Governance                         | Information                   |  | included.  | Negligible                    | Harm           | harm.   |

|        |           |              |              | 05/09/2023 Trying to access the intranet to upload updated policies the intranet was down. I reported it to Cornerstone and it was fixed at around 15:20.  I was told the server was running |            |            |   |
|--------|-----------|--------------|--------------|--|------------|------------|---|
|        |           |              |              | slow and would be looked into.   |            |            |   |
|        |           |              |              | 06/09/2023 tried to access the   |            |            |   |
|        |           |              |              | intranet to again  |            |            |   |
|        |           |              |              | upload polices and   | 1 - No     |            | IT action plan in place,                      |
|        | 06/09/202 |              | IT Network   | am again unable to   | Harm;      | 1 - No     | delivery being                                |
| 109680 | 3         | IT           | Failure      | access the intranet.   | Negligible | Harm       | monitored by Board.                           |
|        |           |              |              |  | 3 3        |            | Duty of candour -<br>discussed with patient   |
|        |           |              |              | 07.09.2023 -   |            |            | and explained need to                         |
|        |           |              |              | Patient presented  |            |            | refer to LAS adult S/G                        |
|        |           |              |              | to LWC. Concerns   |            |            | team. Patient aware                           |
|        |           |              |              | over self-neglect  |            |            | and agreed to referral.                       |
|        |           |              |              | identified by RN<br>and Family Support   |            |            | 11.09.23 - Confirmation from LAS safeguarding |
|        |           |              |              | Worker. Social and   |            |            | team that case has been                       |
|        |           |              |              | physical health  |            |            | allocated. Difficulty                         |
|        |           |              |              | starting to  |            |            | contacting patient on                         |
|        |           |              |              | deteriorate due to   |            |            | phone. Suggested that                         |
|        |           |              |              | self-neglect.  |            |            | S/G worker attends                            |
|        |           |              |              | Discussed with   |            |            | LWC on Thursday                               |
|        |           |              |              | Social Worker and  | 2 - Minor, | 2 - Minor, | 14.09.23 to meet with                         |
|        |           |              |              | referred to LAS  | Minimal    | Minimal    | patient at their next                         |
|        | 07/09/202 | Safeguarding |              | Adult Safeguarding   | Harm; Low  | Harm; Low  | attendance. CQC                               |
| 109822 | 3         | Adults       | Self Neglect | team.  | Disruption | Disruption | notification                                  |

|        |                |                           |                          |                               |  |   |  | commenced. 12.09.23 - Contact from LAS - patient allocated to Substance Misuse team for support. 13.09.23 - Contact with Substance Misuse Team - patient allocated to them.   |
|--------|----------------|---------------------------|--------------------------|-------------------------------|--|---|--|---|
| 109829 | 06/09/202<br>3 | Estates And<br>Facilities | Facilities<br>Management |                               | Cold room temperature continues to be above recommended temperature of 4 degrees when air conditioning unit switched on.                         | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | Quotations for replacement of unit obtained. Purchase of cold blankets being explored.  |
|        | 11/09/202      | Patient                   | First Hand               | Communication s (Breakdown/Co | Complaint from patient received via email. Concerns raised over family support information leaflet being sent to patient's NOK without patient's | 2 - Minor,<br>Minimal<br>Harm; Low                      | 1 - No   | 11/09/2023 - Apologies given for distress experienced at receiving info leaflet. Complaint sent to Head of Clinical Services (HOCS) - DSM to investigate and report via complaints procedure. 13/09/2023 - Agreed change of process - will make sure the client is made directly aware that the leaflet is being sent before sending information to family members. Will stop sending the info leaflet ahead of the LWC |
| 109886 | 3              | Experience                | Experience               | ncern)                        | awareness.   | Disruption  | Harm   | attendance. To give   |

|   |        |           |                 |                  |                  |                                     |              |        | time to introduce and explain leaflet in person. This has encouraged discussion about the current assessment tool and info being sent out. Family Support Team to look at alternative provision to engage NOK/carers/families more effectively. Response to complaint letter sent. 21.09.23 - Complaints procedure complete. SIRMS closed. |
|---|--------|-----------|-----------------|------------------|------------------|-------------------------------------|--------------|--------|--|
|   |        |           |                 |                  |                  | Sandwich found in coffee shop which |              |        |  |
|   |        |           |                 |                  |                  | had 2 use by dates.                 |              |        |  |
|   |        |           |                 |                  |                  | One date had expired which is       |              |        | Procedure reinforced   |
|   |        |           |                 |                  |                  | non compliance                      |              |        | with staff and   |
|   |        | 08/09/202 |                 | Other Health And |                  | with Food Safety                    | 6 - Near     | 1 - No | volunteers. Use by   |
| Į | 109930 | 3         | Health & Safety | Safety           |                  | Act 1990                            | Miss         | Harm   | dates standardised.  |
|   |        |           |                 |                  |                  |                                     |              |        | Informal complaint as  |
|   |        |           |                 |                  |                  |                                     |              |        | above. Family member listened to apology   |
|   |        |           |                 |                  |                  |                                     |              |        | made re: that they feel  |
|   |        |           |                 |                  |                  |                                     |              |        | the way they do. Their   |
|   |        |           |                 |                  |                  |                                     |              |        | expectation of how the   |
|   |        |           |                 |                  |                  |                                     |              |        | issue should be resolved   |
|   |        |           |                 |                  |                  |                                     |              |        | sought.  |
|   |        |           |                 |                  |                  |                                     |              |        | SystmOne notes reviewed, spoke with  |
|   |        |           |                 |                  |                  | Informal complaint                  |              |        | staff involved, reflective   |
|   |        | 12/07/202 | Patient         | First Hand       | Discharge -      | re: discharge                       | 7 - Soft     | 1 - No | practice took place with   |
|   | 109947 | 3         | Experience      | Experience       | Planning Failure | planning.                           | Intelligence | Harm   | staff involved. Non  |

|        |           |                 |                |                                 |   |                                    |                                    | formal complaint form completed and sent to CEO and head of clinical services as per hospice policy.  Non formal complaint attached to SIRMs   |
|--------|-----------|-----------------|----------------|---------------------------------|---|------------------------------------|------------------------------------|--|
|        | 10/09/202 | Patient         | First Hand     |                                 | Patients son raised concerns over father being called 'pet' by nursing  | 7 - Soft                           | 1 - No                             | Informal complaint. Band 6 RGN acknowledged concerns and said I would talk to the member of staff and make the rest of the team aware of their concerns and document not to call him 'pet'. Both members of the family seemed happy with this. Band 6 spoke with staff involved and raised families concerns and reflected on situation, there was no malice intent. SIRMS completed and informal complaint form |
| 109950 | 3         | Experience      | Experience     |                                 | staff.  | Intelligence                       | Harm                               | attached.  |
|        | 17/09/202 |                 |                | Patient Found<br>On Floor - Not | Patient pressed call<br>buzzer from<br>bathroom, found<br>sitting on the floor<br>next to toilet. No<br>obvious injury.<br>Assisted to stand<br>and transfer with 2 | 2 - Minor,<br>Minimal<br>Harm; Low | 2 - Minor,<br>Minimal<br>Harm; Low | Patient made decision<br>to go to toilet by self<br>despite being advised<br>by healthcare<br>professionals to call for<br>assistance when<br>wanting to mobilise.<br>Declined sensor mats<br>post fall - has capacity<br>to do so   |
| 110045 | 3         | Health & Safety | Slip/Trip/Fall | Witnessed                       | x staff. Mobility aid   | Disruption                         | Disruption                         | Falls bundle, risk   |

|        |           |              |                           |                          | used to transfer back to bed. Obs taken, physical exam, no injury seen or complain of new pain.   |                 |        | assessment and care plan in place at time of fall. Patient wanted to contact husband and inform him of fall - verbal duty of candour.  |
|--------|-----------|--------------|---------------------------|--------------------------|---|-----------------|--------|--|
|        | 18/09/202 |              | Medication<br>Incorrectly | Blood<br>Product/Transfu | Patient came to IPU as a day admission to get 2 units of blood transfused. When opening the sealed box from blood bank there were 2 units in the box, due to the patient's low BP and them coming into IPU for the day we were administering the blood at a suitable pace for that patient and in accordance with | 1 - No<br>Harm; | 1 - No | We acknowledged the time on the return label on the box was 14.30, the staff nurse rang blood bank and reported this might not be achieved, we never get 2 units in one box, this was flagged up by the nurse, we returned the second unit and blood transfusion will provide another when required. Blood transfusion Service |
| 110064 | 3         | Medication   | Stored/Sealed             | sion Incident            | the policy.   | Negligible      | Harm   | made aware of incident.  |
| 110004 | 16/09/202 | Safeguarding | Storedy Started           | Sign medicine            | CID visited IPU to gather information re a potential past carer who had disclosed during counselling she had assisted a patient   | 7 - Soft        |        | Patient records reviewed, (2015). The carer appears to have been the patient's niece and had been present when the patient died. The death was expected and there was nothing in the record to suggest the patient had been assisted to die. Informed by police they   |
| 110098 | 3         | Adults       |                           |                          | to die  | Intelligence    |        | had interviewed the  |

|        |                |                 |                |                 |   |                  |                | lady and no concerns were raised.  |
|--------|----------------|-----------------|----------------|-----------------|---|------------------|----------------|--|
| 110300 | 21/09/202<br>3 | Medication      | Dispensing     | Controlled Drug | MST 10mg ordered from pharmacy for a patient. Box labelled with 5mg MST (8 x tablets) arrived to hospice. Staff going to administer meds to patient found tablets were MST 10mg not 5mg as labelled on box.   | 6 - Near<br>Miss | 1 - No<br>Harm | Pharmacy informed. Reflective practice undertaken with staff. Good practice reinforced.  |
|        |                |                 |                |                 | Patient had got up from his recliner chair, wife present. he walked to the toilet ?stumbled he then slid himself down the wall to prevent a more serious fall. His wife witnessed this but no staff present at the time.  His wife summoned staff to assist he was unhurt and able to get himself up from the floor | 1 - No           |                | Unavoidable witnessed (by wife) fall - all mitigating actions in place at time of fall. Admission falls bundle and assessments correct and in place Post fall Safety ensured Duty of Candour - wife present at time of fall. Post fall review carried out by Dr - same day Post fall review carried out by OT - Same day Post falls bundle |
|        | 22/09/202      |                 |                | Patient Fall On | with minimal  | Harm;            | 1 - No         | completed fully  |
| 110309 | 3              | Health & Safety | Slip/Trip/Fall | Same Level      | assistance.   | Negligible       | Harm           | SIRMS completed  |

|   |        | 23/09/202 |                 |                  | Patient Fall On | During our intentional rounding's a patient was found to be on floor next to window . Says she did not fall but was trying to sit in chair and thought she was tripping over quilt so put herself on floor. Was not hurt in                         | 1 - No<br>Harm; | 1 - No | Unwitnessed unavoidable fall - falls bundle, risk assessment and carer plan in place. Had declined sensor mat - had capacity Agreed to sensor mat at this point (has since declined - again has capacity to make these decisions) Duty of Candour - Patient did not want her mum contacting and informing, has capacity to make this decision and wishes respected |
|---|--------|-----------|-----------------|------------------|-----------------|---|-----------------|--------|--|
| - | 110310 | 3         | Health & Safety | Slip/Trip/Fall   | Same Level      | anyway.   | Negligible      | Harm   | by staff.  |
|   |        |           |                 |                  |                 | Patient shuffled down the bed, got out the gap at bottom of the bed rails, walked to the top of the bed, shouting for staff very confused, assistance by two staff back to bed using zimmer frame. Patient slide to the floor in a sitting position | 1 - No          |        | Unavoidable Assisted slide to floor - all mitigating action prior to slide in place as per risk assessment. Falls bundle, risk assessment and care plan in place. Declined sensor mats, (has since agreed as mobility has decreased further since controlled slide). Verbal duty of candour - Systmone   |
|   | 110212 | 24/09/202 | Haalth O Cafe   | Clin /Trin /Fall | Patient Fall    | with support from   | Harm;           | 1 - No | documented husband   |
| L | 110313 | 3         | Health & Safety | Slip/Trip/Fall   | From Bed        | staff.  | Negligible      | Harm   | informed   |

| Pressure Ulcer - Grade 2  25/09/202  3 Tissue Viability  Pressure Ulcer - Grade 2  Pressure damage x 2 from community.  Pressure damage x 2 from community.  Disruption  Unwitnessed unavoidable fall. Falls bundle, risk assessment and care plan in place. Patient aware to call for assistance but wanted to be as independent as possible, had continued to decline falls sensor mats and had caused a skin tear to his right arm . approx. 10cm x 10cm . No further  |
|---|
| 25/09/202 110349  Tissue Viability  Pressure Ulcer - Grade 2  Tissue Viability  Pressure Ulcer - Grade 2  Pressure Ulcer - Grade 2  Pressure damage x 2 from community.  In the pressure Ulcer - Grade 2  Pressure damage x 2 from community.  In the pressure damage x 2 from community.  In |
| 25/09/202 3 Tissue Viability Grade 2  Pressure Ulcer - Grade 2  pressure damage x 2 from community.  Disruption  Unwitnessed unavoidable fall. Falls bundle, risk assessment and care plan in place. Patient aware to call for assistance but wanted to be as independent as possible, had continued to decline falls sensor mats and had capacity to his right arm . approx. 10cm x  |
| Tissue Viability  Grade 2  2 from community.  Disruption  Unwitnessed unavoidable fall. Falls bundle, risk assessment and care plan in place. Patient aware to call for assistance but wanted to be as independent as possible, had continued to decline falls sensor mats and had capacity to his right arm . approx. 10cm x  Disruption  Unwitnessed unavoidable fall. Falls bundle, risk assessment and care plan in place. Patient found on floor and had to be as independent as possible, had continued to decline falls sensor mats and had capacity to his right arm . approx. 10cm x   |
| Unwitnessed unavoidable fall. Falls bundle, risk assessment and care plan in place. Patient aware to call for assistance but wanted to be as independent as Patient found on floor and had to decline falls sensor caused a skin tear to do so. Duty of approx. 10cm x  |
| unavoidable fall. Falls bundle, risk assessment and care plan in place. Patient aware to call for assistance but wanted to be as independent as Patient found on floor and had caused a skin tear to his right arm. approx. 10cm x  unavoidable fall. Falls bundle, risk assessment and care plan in place. Patient found on apsistance but wanted to be as independent as possible, had continued to decline falls sensor and bad capacity to his right arm. approx. 10cm x  |
| bundle, risk assessment and care plan in place. Patient aware to call for assistance but wanted to be as independent as Patient found on floor and had to decline falls sensor caused a skin tear to his right arm. approx. 10cm x  |
| and care plan in place. Patient aware to call for assistance but wanted to be as independent as possible, had continued floor and had caused a skin tear caused a skin tear to his right arm. approx. 10cm x and care plan in place. Patient aware to call for assistance but wanted to be as independent as possible, had continued to decline falls sensor mats and had capacity to his right arm.  |
| Patient aware to call for assistance but wanted to be as independent as possible, had continued floor and had to decline falls sensor caused a skin tear to his right arm.  approx. 10cm x  Patient aware to call for assistance but wanted to be as independent as possible, had continued to decline falls sensor mats and had capacity to his right arm.   |
| Patient found on floor and had to decline falls sensor caused a skin tear to his right arm . asprox. 10cm x assistance but wanted to be as independent as possible, had continued to decline falls sensor mats and had capacity to do so. Duty of candour - patient   |
| Patient found on floor and had to decline falls sensor caused a skin tear to his right arm . to do so. Duty of approx. 10cm x   |
| Patient found on floor and had to decline falls sensor caused a skin tear to his right arm . to do so. Duty of approx. 10cm x   |
| floor and had caused a skin tear to decline falls sensor mats and had capacity to his right arm . to do so. Duty of approx. 10cm x candour - patient  |
| caused a skin tear to his right arm . to do so. Duty of approx. 10cm x candour - patient  |
| to his right arm . to do so. Duty of approx. 10cm x candour - patient   |
| approx. 10cm x candour - patient  |
|   |
| Tochi : No futtiei Contacted family and   |
| injuries, pain or advised. Patient  |
| loss of movement continues to decline to  |
| noted. He 3 - 3 - use sensor mats, has  |
| apologised for not   Moderate,   Moderate,   Capacity to make this  |
| calling for Short Term   Short Term   decision aware he   |
| 27/09/202 Patient Fall On assistance and he Harm Or Harm Or should use nurse call   |
| 110461 3 Health & Safety   Slip/Trip/Fall   Same Level   will going forward.   Disruption   Disruption   When mobilising.   |
| 3 x new SDTI during   |
| admission to hospice.   |
| Risk assessment and   |
| care plan in place at   |
| time of SDTI which  |
| reflected care patient  |
| wanted at the time.   |
| 3 - Staff discussed change  |
| Patient with Moderate, 2 - Minor, of mattress with family   |
| suspected SDTI as Short Term Minimal and agreed to switch to  |
| 27/09/202 Deep Tissue approaching end of Harm Or Harm; Low lateral turn mattress  |
| 110462 3 Tissue Viability Injury (DTI) life. Disruption Disruption rather than alpha active   |

|        |           |                 |                |                |                  |            |            | air flow mattress which patient didn't like. At risk of pressure damage updated at time of finding SDTI but SDTI developed care plan not implements - discussed with staff member and aware to implement new care plan if there is a change in the current plan of care. SDTI care plan implemented onto Systmmone at 12:57 - good care not reflected initially in documentation. Family informed of reportable nature of SDTI but not documented - ward manager to discuss with staff member when return from A/L. Safeguarding notified who agreed no evidence of neglect. CQC notification completed 3/10/23. Verbal duty of candour family aware. |
|--------|-----------|-----------------|----------------|----------------|------------------|------------|------------|---|
|        |           |                 |                |                |                  | 3 -        |            | Avoidable unwitnessed fall (avoidable as if sensor mat had been working fall may have   |
|        |           |                 |                |                |                  | Moderate,  | 2 - Minor, | been prevented) Sensor  |
|        |           |                 |                | Patient Found  | Patient found on | Short Term | Minimal    | mat - upon review of  |
|        | 28/09/202 |                 |                | On Floor - Not | floor in bedroom | Harm Or    | Harm; Low  | sensor mat was plugged  |
| 110513 | 3         | Health & Safety | Slip/Trip/Fall | Witnessed      | on IPU.          | Disruption | Disruption | in correctly but appears  |

|        |           |            |                     |                                    |            |        | that the connection to the nurse call system may be damaged as a number of sensor mats tried in the call system and did not work but worked on other call points. Call point sent to central support to be sent off for repair. Post fall bundle and care plan updated - 3 x sections missed but in place from previous documentation 25/9/23 and no change to these sections but staff member reminded to complete all sections of risk assessment. Appropriate care decisions made re: transfer to hi/lo bed and patient agreed. Verbal duty of candour - husband informed next morning. |
|--------|-----------|------------|---------------------|------------------------------------|------------|--------|--|
|        |           |            |                     | On auditing patient records on     |            |        |  |
|        |           |            |                     | SystmOne for the quarterly service |            |        |  |
|        |           |            |                     | report, I found that               |            |        |  |
|        |           |            |                     | 2 patients admitted                |            |        |  |
|        |           |            |                     | in September did                   |            |        |  |
|        |           |            |                     | not have a VTE                     | 1 - No     |        |  |
|        | 28/09/202 | Clinical   | Lack Of Clinical Or | completed on                       | Harm;      | 1 - No |  |
| 110516 | 3         | Assessment | Risk Assessment     | admission.                         | Negligible | Harm   |  |

| 110524 | 01/09/202 | Estates And<br>Facilities | Facilities<br>Management | Medication<br>Incorrectly<br>Stored/Sealed | IPU medicine fridge high recording of temperature and not being re set appropriately.  | 1 - No<br>Harm;<br>Negligible | 1 - No<br>Harm | Ward manager re set fridge correctly. Staff had been shown how to reset fridge when SOP initially implemented. Ward manager has gone through how to record temperature and reset fridge with all staff again, advising them to follow the SOP which is located at the fridge and has been so for the past year. Ward manager to carry out weekly audit of temperature checks to ensure procedure being followed for both medicine and sample fridge. email sent to clinical staff highlighting issue and procedure to follow |
|--------|-----------|---------------------------|--------------------------|--|--|-------------------------------|----------------|--|
|        | 29/09/202 |                           | Lost/Misplaced           |  | Patient moved rooms within the hospice, some of their medication that was kept in the locked medicines cupboard within the room was not moved with the rest of the patients medication / belongings. There | 1 - No<br>Harm;               | 1 - No         | This was identified by the pharmacist on duty. SIRMs completed and medication will be returned to pharmacy for destruction as patient is no longer at  |
| 110634 | 3         | Medication                | Medication               |  | were no CD   | Negligible                    | Harm           | the hospice.   |

|        |                |  |                             |  | medications involved.   |   |  |                              |
|--------|----------------|--|-----------------------------|--|---|---|--|------------------------------|
| 110648 | 27/09/202<br>3 | Access,<br>Admission,<br>Transfer,<br>Referral | Referral Issue<br>(Missed)  | Access To<br>Service Delay -<br>Non Urgent<br>(Routine | IPU referrals received into NHS email inbox but filled before being printed out and given to IPU. | 3 -<br>Moderate,<br>Short Term<br>Harm Or<br>Disruption | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption | Addressed with staff member. |
| 110689 | 30/09/202<br>3 | Medication                                     | Administering<br>Medication | Controlled Drug  | Prescribed Fentanyl patch not administered at prescribed time.                                    | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption        | 2 - Minor,<br>Minimal<br>Harm; Low<br>Disruption |                              |

## 5.3 Prevention of Falls 2023 - 2024

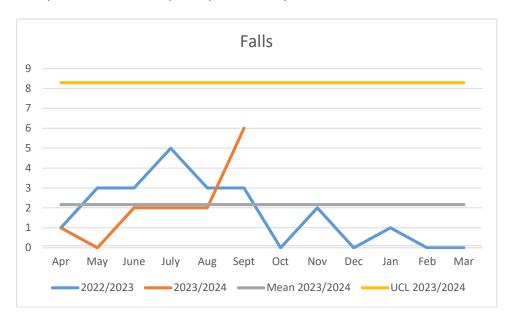
Although ambitious our aim for the period 1 April 2022 – March 2023 is to reduce the incidence of '*unavoidable*' patient falls to zero, based upon number of falls recorded (23) during 2021 - 2022. We recognise that despite assessing each patients' 'falls risk' against a wide range of factors we can identify those patients with an increased risk or likelihood of falls but even after implementing measures to reduce the incidence of falls it is not always possible to avoid some falls see Table 4:

| Table 4 Falls assessment and prevention.  |   |  |  |  |  |  |
|---|---|--|--|--|--|--|
| Assessments   | Falls prevention measures   |  |  |  |  |  |
| <ul> <li>Follow best practice as outlined in 'Falls in older people'.         Quality standard [QS86] Published March 2015. Last updated January 2017.     </li> <li>Regular patient checks and encouragement to ask for</li> </ul> | <ul> <li>Weekly MDT formal review of falls risk and record action plan.</li> <li>Moving and handling equipment including <i>ultra</i> hi/low bed</li> <li>Bed, chair and floor falls and movement sensor alarms and soft-landing</li> </ul> |  |  |  |  |  |
| help.   | <ul><li>crash mats.</li><li>Bed rails assessment and mobility care plans.</li></ul>   |  |  |  |  |  |
| <ul> <li>Falls risk assessments (FRAT) – redesigned within<br/>SystmOne templates – due for roll out 2022/23 Q2.</li> </ul>   | One to one nursing / monitoring with rooms 5, 9 and 14 near to the nurses' station designated close observation rooms.  |  |  |  |  |  |
| <ul> <li>Bed rail assessment – redesigned within SystmOne<br/>templates rolled out in 2022/23.</li> </ul>   | <ul> <li>Orientation to the environment and appropriate lighting and flooring</li> <li>Comfortable and safe positioning of the patient</li> </ul>   |  |  |  |  |  |

- Assessment and plan of care for toileting and continence needs.
- Moving & handling assessment and physiotherapy/OT input.
- Assessment and plan of care for postural hypotension
- Assessment of cognition and/or mental capacity and plan of care to support.
- Review of medications Doctors and Pharmacists.

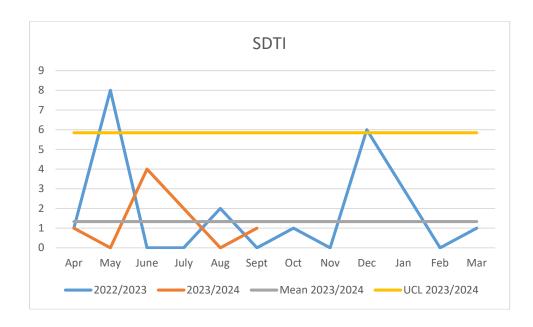
- Timely answering of nurse call to attend to patient.
- Appropriate footwear provision if needed.
- Access to the nurse call bell 'Make the call avoid the fall' signs in patient rooms.
- Educating the patient and carers on safe moving techniques.
- Falls Prevention Link Practitioner Group meets quarterly to review measures in place and updates in line with best practice.
- Annual staff training and falls prevention refresher sessions.
- Annual 'train the trainer' updates from an external moving/handling provider.
- External audit completed in May 2023 by independent Ergonomic Advisor (Cloud 9 Health & Wellbeing, Middlesbrough.) No concerns identified.

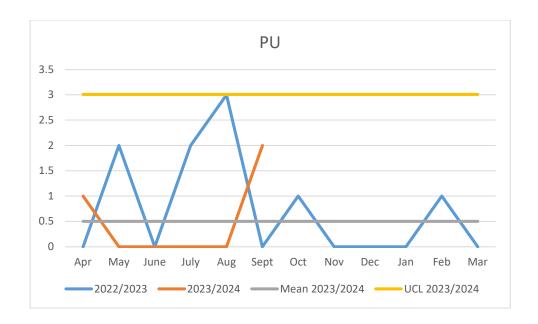
Not all these measures are routinely used for example, not every patient is nursed one to one, but these are care plan options if required for the patient's safety. In trying to maintain the patient's safety we recognise the need for patients to make choices and take risks and we continue to promote their independence if they have capacity and ability to do so. We will continue to classify falls as either avoidable or unavoidable dependent upon the measures put in place to help reduce / minimise the risk of falls.



# 5.4 Prevention of Pressure Ulcers and Suspected Deep Tissue Injuries

The findings from several independent studies highlight that preventing pressure ulcer occurrence may be difficult to achieve in patients who are dying and explains why we continue to report unavoidable PU's. St Cuthbert's Hospice in-patient unit (IPU) has set an ambitious target to achieve a 0% incidence rate of avoidable pressure ulcer (PU) development or deterioration following admission during 2022 - 2023. During 2021 – 2022, despite implementing evidence based and best practice guidelines we reported 10 PU's and 5 SDTI's on admission and 4 PU's and 21 SDTI's occurring or deteriorating after admission.





#### 5.5 Prevention of Thromboembolism

VTE assessments are carried out on all in patients within 24 hours of admission and are recorded in patient SystmOne care plans / medical notes to evidence decisions made with regard anticoagulation therapy. Table 8 below outlines VTE assessments. Incident reports are completed for patients who do not achieve the required standard.

In 2021 – 2022 85% of VTE assessments were completed within 24 hours of admission. In 2022 – 2023 98.5% of VTE assessments were completed within 24 hours of admission.

# 6. Service Development Activity

## 6.1 Strategic Goal 1: To enable people at the very end of life to achieve a good death in the place of their choosing.

We continue to exploit opportunities for the Hospice to share our specialist knowledge with the wider community, (Aim 3) and work collaboratively in teaching, audit and research.

We continue to collaborate with further and higher education institutions and currently host students from:

- Local further education colleges level completing level 2 4 qualifications in health and social care/nursing
- Trainee Nursing Associate Students from Teesside/Northumbria Universities
- Pre-registration nursing students from Northumbria University

Unfortunately, in Quarter 2, due to uncertainty about Consultant cover, we have been unable to support GP registrars (GPRs) on the GP training scheme, full time for 6 months or Specialist Registrars from Training Programme in Palliative Medicine within the North East. However we hope to reinstate GPRs from autumn 2024, if not sooner.

Planned developments include hosting student physiotherapist and occupational therapists.

6.2 Strategic Goal 2: To enable people with life limiting illness who use the Hospice services to live well and make every day count.

#### 6.2.1 Paracentesis Service

Following the departure of our specialist palliative care consultant and the outcome of our business case we are no longer accepting referrals to Day Hospice for paracentesis. We have continued to support three existing patients and have been working with CDDFT to clarify medical responsibility for these patients. In Quarter 2

- 0 paracentesis were carried out in IPU.
- 39 ascitic drains were carried out in LWC on 3 patients (1 cancer and 2 non cancer).

#### 6.2.2 Blood Transfusions

In Quarter 2

- 10 blood transfusions were carried out in LWC.
- 3 were carried out in IPU.

6.3 Strategic Goal 3: To provide the information and support that carers of people with life limiting illness need to provide the care they want to provide.

#### 6.3.1 Admiral Nurse

In January 2022 we appointed a new Admiral Nurse. The Admiral Nurse Assessment Framework, Namaste Assessment Tool and Carers Support Needs Assessment tool have been used to fully engage with carers, assess wellbeing, identify needs and strategies for support. The Dementia team have offered practical support on how to best manage aspects of care for someone with dementia to not only ensure the carer feels well supported but to also enhance quality of life for the person with dementia. They continue to offer carers information, sign posting, and emotional support, particularly through during transitions into care, anticipatory grief and bereavement.

#### 6.3.2 Namaste

Although the Namaste Care project was designed principally to benefit people with advanced dementia, an unintended outcome has been the unintended impact on those who care for them. Initially, this was perceived primarily as respite, with the hour or so that the Namaste Volunteer spends with the person with dementia giving the person providing care a much-needed break. However, as a connection has been re-established with the "spirit within" of the person receiving the Namaste Care, family members have reported an improvement in their relationship with that same spirit.

### 6.3.3 Carers Support Needs Assessment Tool (CSNAT)

Within the Inpatient Unit (IPU) the carer of each guest is given a CSNAT questionnaire/tool no later than the first week of admission unless there are exceptional circumstances. Within the Living Well Centre, including Cognitive Stimulation Therapy/Maintenance Cognitive Stimulation Therapy (CST/MCST), the carer of each guest is given a CSNAT questionnaire at the initial assessment. In this Quarter we have undertaken a review of the use of the CSNAT and following an options appraisal have decided to continue to use the CSNAT in Dementia Services but change to use of the carers wheel in IPU/LWC. Consensus of opinion is that the CSNAT tool works well for longer term support within Dementia Services. Whereas the carers wheel works well for short episodes of support within IPU/LWC.

We continue to forge good working partnerships with other carers' services and develop our partnership with Durham County Carers Support (DCCS) and The Bridge Young Carers Service, (BYCS). Initiatives include:

- Working with DCCS to:
  - o Deliver the Everything in Place Project to carers.
  - o Achieve the Carer Friendly Employer Award, to become a more supportive employer to unpaid carers.
- Working with BYCS to embed a Young Persons Charter. The Child & Young Persons' counsellors act as the link workers with BYCS.

We understand that a short break from caring can make a significant difference and recognise that offering a short course of complementary therapies will help reduce carer stress, help improve carer wellbeing and give emotional support. We have therefore strengthened our offering of complimentary therapies to carers.

#### 6.3.4 CSNAT outcomes

During 2023 - 2024 the clinical services team strived to resolve the issues raised in completed CSNAT.

The commonly reported issues for carers and the actions taken are reported below.

## Most commonly occurring needs in quarter:

- Emotional support Listening Ear Service remains in demand.
- Info and Guidance on community support

## **Intervention provided:**

- Contacted Social Care Direct and GP for mental health support.
- Offered emotional support including listening ear.
- Offered advice re carer respite and information about care homes.

| Outcomes met:                                   | Outcomes not met and why: |  |  |  |
|---|---------------------------|--|--|--|
| Emotional wellbeing                             | •                         |  |  |  |
| <ul> <li>Information/advice/guidance</li> </ul> | •                         |  |  |  |
| •   | •                         |  |  |  |
| •   | •                         |  |  |  |

#### **Thank You and Compliments:**

- F&FT feedback
- •
- •
- •

## **Feedback and Improvements:**

- CS- complaint changes to process on distributing info.
- Review of CSNAT use analysis of data and options paper.
- Q3 to trial Carer conversation wheel in IPU/LWC and Dem-Nam to continue with CSNAT.

# 6.4 Strategic Goal 4: To support those who have been bereaved as a consequent of a life limiting illness to adjust to life without their loved one.

We have worked with the Commissioning Support Project Officer, to review our service to children and young people. We have successfully implemented an action plan agreed in response to risks to business continuity and intended to reduce our waiting list for CYP counselling. We continue to embed our Bereavement Pathway and new ways of working, for example development of a Listening Ear Service, a bereavement service offered to those experiencing a need for anticipatory grief and post bereavement support, means our Family Support Team have been able to provide more emotional support to Living Well Centre guests and Inpatients and their families.

## 6.5 Strategic Goal 5: To break down the taboos associated with dying, death, loss and grief.

### **6.5.1 Community Outreach Project**

Our community outreach project is ongoing within Chester le Street. The three years funding secured from Big Lotteries Community Fund has enabled us to recruitment to four posts; Community Outreach Manager, Community Outreach Co-Ordinator, Namaste Support Worker. These posts are enabling us to deliver a project aimed at increasing our engagement and outreach into the community to support more people affected by life limiting illnesses through a range of volunteer led projects i.e. MyPals, Everything in Place, Namaste, Carer Support Groups and Bereavement Support Groups.

In this quarter we have completed an evaluation of year one and have subsequently decided to focus our energy and resources, in year two, on the areas that are working well, Hospice Hub, Bereavement Support and Dementia Care. This will free up capacity to undertake more community engagement and strengthen the Hospice Hub, Everything in Place, Bereavement Support and Dementia Care.

## 6.5.2 Everything in Place (EiP)

Everything in Place promotes a Public Health approach to encouraging family conversations around death, dying and bereavement. The course is delivered over eight, weekly sessions, covering topics such as Wills, Power of Attorney, Advance Care Planning, funeral planning, making memories etc. The overall aim of the programme is to encourage what can be difficult conversations, support informed decision making and the drafting of legal/informal documents preparing individuals and families for later life/end of life.

Prior to the Pandemic the Hospice delivered 'Everything in Place', in local community venues. During the pandemic the course was re-written to enable virtual delivery which has proven to be successful. Following an end to the non-recurring funding the departure of the Everything in Place Project Manager and the availability of volunteers the EIP stalled. However, through the Community Outreach Project face to face delivery of the course recommenced in March 2023. In this quarter we have seen demand for Everything in Place increase and we hope to respond to this in Q3/4.

## 6.5.3 MyPals

Further development of MyPals, an innovative digital community support project, has ceased and any future developments will be subject to learning from the design and test phases of the project as well as funding.

## 7. Clinical Governance, Quality Assurance and Quality Improvement

#### 7.1 Clinical Audit

St Cuthbert's Hospice was last inspected by the Care Quality Commission (CQC) in 2015 and retains its rating as 'Outstanding' status for the quality of our service and the care we deliver. St Cuthbert's Hospice is committed implementing any strategies that will help us to maintain this rating and our reputation for excellence. It is vital that we continue to secure and promote our position as a sector-leading hospice with key partners, stakeholders and at local, regional and national events, conferences and forums. Central to achieving this are the 'golden threads' of robust clinical governance and quality assurance processes that will provide the evidence needed to continually assure and enhance the quality of our palliative and end of life care services. To support this, we have a well-developed programme of Clinical Audit, adopting wherever possible, recognised or validated audit tools for example those provided by Hospice UK national hospice audit tools group. Data collected, collated and analysed from our audit programme will be subject to internal scrutiny and review by Clinical Governance Group and Sub Committee before being shared in future service quarterly performance reports. Attached is the annual audit schedule of key clinical audits the findings of which are captured and monitored on an Audit Summary Tracker, also attached. Findings and any areas of concerns highlighted by a specific audit will be subject to a quality improvement plan owned by the relevant Link Practitioner Group.





An internal audit tool is being used to support a Caldicott Guardian 'spot check audit' of all areas that hold personal identifiable data (PID) this can include patients and services users. The aim of the audit will be to identify where we reflect best practice in

managing and securing PID and where we might be at risk and what steps will be needed to protect sensitive data. This will be completed at least annually.

# 7.2 Link Practitioner Programme (LPP)

The Link Practitioner Programme is an initiative proposed after the formulation of the North East Hospice Collaboration (NEHC 2017). Prior to the pandemic there were nine hospices who came together to share and develop both clinical and non-clinical areas for practice development. Within this community the initiative was viewed as a cost effective and creative approach to learning, which also enables bench marking, innovative thinking and the sharing and dissemination of best practice findings. In 2023 – 2024 the Hospice hopes to reinvigorate this community of practice potentially under the Patient Safety Incident Report Framework (PSIRF).

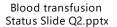
Within St Cuthbert's Hospice senior leaders see the Link Practitioner Programme as key to embedding a quality improvement ethos within the Hospice, and subsequently avoiding complacency, retaining our outstanding rating and realising our vision of becoming a centre of excellence. The board and senior management team recognise that the LPP programme helps overcome barriers to staff involvement and engagement with quality improvement and quality assurance. It strengthens clinical leadership and engagement at all levels of the organisation and helps managers and front-line staff to work together to deliver a shared and aligned mission and vision. The Head of Clinical Services acts as sponsor for the LPP demonstrating visible leadership commitment from the board and senior management team.

Within the Hospice we have the following Link Practitioner Groups:

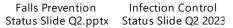
- Safeguarding
- Falls Prevention
- Tissue Viability
- Infection Prevention
- Blood Transfusions
- Nutrition & Hydration
- Medical Devices
- Complementary Therapies
- Information Governance
- Intravenous Lines
- Clinical Competency
- Student Nurses

Achievements in this quarter, deliverables for the following quarter and risks and issues for each Link Practitioner Group are captured in the following attachments:











Infection Control



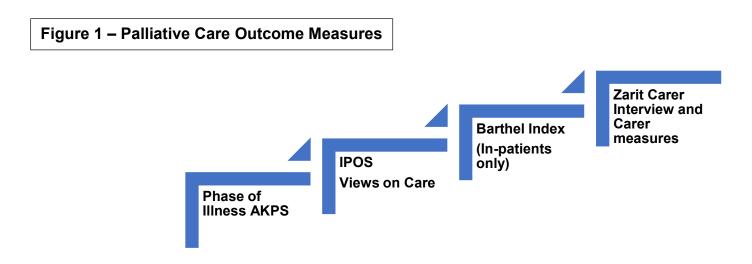




Safeguarding Tissue Viability Venepuncture and Status Slide Q2.pptx Status Slide Q2.pptx IV status slide Q2.ppt

# 7.3 Evaluating Practice - Palliative Outcome Measures

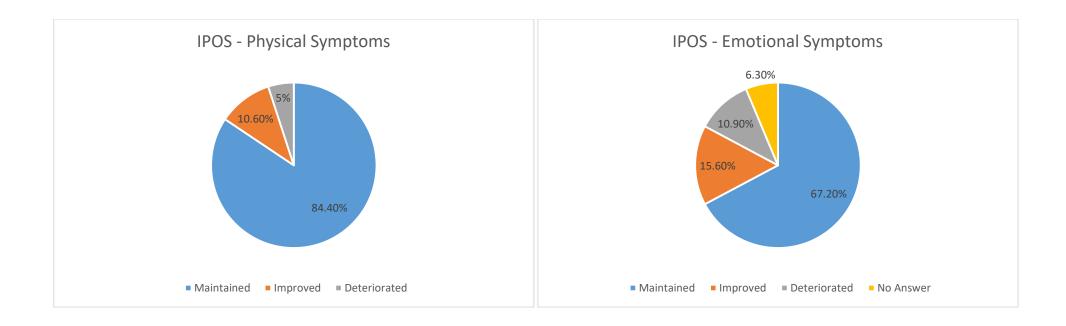
In 2015-16 St Cuthbert's Hospice implemented the suite of validated Palliative Care Outcomes Measures Toolkit (OACC) outlined below in Figure 1 below.



In 2022/23 we aimed to place a greater emphasis on reporting outcomes. We aimed to embed reports as PDF files and make data subject to internal scrutiny and review by our Clinical Governance Sub-Committee before publication in our Hospice Contract and Quality Monitoring quarterly reports and our Quality Account. This has however been hampered by a lack of capacity and capability in data analysis, something we hope to resolve with a joint post across Hospice North East & North Cumbria.

Despite the constraints, we have managed to record and analyse, pre and post outcome measures for guests attending LWC, our first attempt since the pandemic. Within the LWC, the Integrated Performance Outcome Score (IPOS) is the preferred outcome measure. The IPOS covers a range of performance domains related to peoples' quality of life status and include both physical and emotional domains. Our Day Services Referrals and Admission Standard Operating Procedure (SOP) states the IPOS should be completed pre input from the LWC team, at the initial assessment and post input from the LWC team, at the final review.

Analysis of outcomes has demonstrated that frequently occurring problems were addressed through LWC interventions and that these: -



16 guests completed IPOS at both the beginning and the end of their care and 2 patients died.

IPU are in the process of collecting and collating karnofsky and phase of illness with a view to adding in pain management scores, which will be presented to the next Clinical Governance Subcommittee.

#### 7.4 Evidenced Based Practice

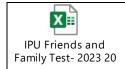
We have met or made substantial progress in meeting all our key aspirations for quality improvement as outlined in our 2022 - 23 Quality Account. However, we recognise that to maintain and continually improve our care services, we must ensure that the knowledge, skills, and competence of our staff and volunteers and the evidence that underpins our practice is updated in line with current best practice and research. To reflect best practise we have adopted the NICE Guidance or Standards listed in Appendix 1 to inform both policy and enhance our practice. In addition, the Hospice Clinical Practice Development Nurse supports clinical practice and individual development & training needs. We are also very pleased to be adding to the evidence base with our Clinical Practice Development Nurse becoming one of the Principle Investigators for CHELsea II which is a Randomised Controlled Clinical Trial, badged by the National Institute for Health Research.

# 8.0 Patient Experience and Friends and Family Test

# 8.1 Welcome Pack- Patient, Client and Guest Survey Feedback

We have updated our in-patient service user information pack to reflect changes to the unit. We routinely seek the views of all those who use our services such as in-patients Living Well Centre guests, Family Support service clients and Dementia service clients. We have redesigned the carer's questionnaire to include the 'Friends and Family Test'. There are a range of questions that seek views about our services such as the hospice environment, the staff caring for patients and the services delivered. The questionnaire is distributed to all service users or the families of those who have accessed the range of Hospice services, whether their relative has died or been discharged, it also includes those who attended for respite care. See table 13 for summary feedback for each Hospice service.

## Service user feedback questionnaire charts and comments









# 8.2 Suggestion box feedback

There are suggestion boxes situated at communal areas around the hospice, giving everyone the opportunity to make suggestions in a confidential/anonymous manner. During Q2 there have been one suggestion from people using our service.

| You said   | We did  |
|--|---|
| Chairs with arms are easier for people to get out off. | Secured additional funding for a new tall armchair with armrests. Reviewed chairs have various style and size of chairs for patients and guests and staff ask patients/guests what they need and accommodate. Guest Services Manager asked to consider coffee shop chairs in budget plan. |

## 9.0 Workforce Assurance

#### 9.1 Absence

We are carrying several vacancies:

| • | Nursing Associate           | 0.8 WTE |
|---|-----------------------------|---------|
| • | Ward Clerk                  | 0.5 WTE |
| • | Senior Healthcare Assistant | 1.0 WTE |
| • | Rehabilitation Assistant    | 0.8 WTE |
| • | Children's Counsellor       | 1.0 WTE |

As part of our on-going review of teams and workforce transformation, we use exit questionnaires as an opportunity to learn and improve and vacancies as an opportunity to review models of care and workforce development needs.

#### 9.2 Recruitment

We have successfully recruited to several posts:-

| • | 1 Registered | Nurse | (newly | qualified) | 1.0 WTE |
|---|--------------|-------|--------|------------|---------|
|---|--------------|-------|--------|------------|---------|

• Consultant x2 2 hour sessions per week, x1 clinical supervision per month, plus Mon to Fri 9 – 5

telephone support

Speciality Dr 8-10 sessions

LWC Transport Driver
Ward Clerk
2 HCA
1 HCA (bank)
1.0 WTE
1.0 WTE
PRN

ANP Redeployed from CPDN

We continue to actively review and increase the number of RN and HCA bank staff, for the most part from a pool of staff who have previously worked at the Hospice this will assist with staff induction prior to commencing work on the unit. On rare occasions when they are not available at short notice or are already covering bank for another health care provider, we make use of a local agency for bank cover. Staff absence has resulted in increased use of agency staff in this quarter.

## 9.3 Staffing Levels

#### **In Patient Unit**

To better match our workforce skill mix and numbers of staff to demand; as measured by patient numbers, dependency and acuity we introduced as of Monday 13 July 2016 a new In-Patient Unit (IPU) dependency tool for based upon NHS England (Shelford Group) safer care. This helps us to establish benchmark acuity data to better model and predict our IPU care workforce needs against fluctuating bed occupancy and changes in patient acuity. Our nurse-to-patient ratio on the In-Patient Unit under usual circumstances is:-

8am to 2pm:
2pm to 8.30pm:
8pm to 8.30am:
3 RNs to 10 patients, 2 HCAs to 10 patients
2 RNs to 10 patients, 2 HCAs to 10 patients
2 RN to 10 patients, 1 HCAs to 10 patients

We have still not heard from the ICB or CDDFT regarding whether the funded PA session vacated following the retirement of Dr le Dune will be transferred to the Hospice, however we aim to continue pursuing the transfer of this funding to the Hospice.

## 9.4 Training & Development

We continue to support training and development. Staff can access a range of modules under the HENE CPD Tier one funding and we continue to support staff attendance at relevant conferences and workshops. All staff receive mandatory training and compliance against our mandatory training target of 90% is currently:

| _                       |  |
|-------------------------|--|
| Bereavement             | 100%   |
| Clinical Development    | 100%   |
| Community               | 100%   |
| Dementia                | 97%  |
| Family Support Services | 100%   |
| Guest Services          | 87%  |
| LWC                     | 99%  |
| IPU                     | 95%  |
| IPU Bank Staff          | 71%  |
| Medical                 | 83%  |
| SMT                     | 93%  |
|                         | Community Dementia Family Support Services Guest Services LWC IPU IPU Bank Staff Medical |

We currently have 5 independent prescribers (1 pharmacists and 4 nurses). In this quarter 1 pharmacist secured a place on Independent Prescribing for Pharmacists.

We continue to roll out competency assessments. Examples include:

- Second checking of medication
- Blood transfusion
- Paracentesis
- Syringe drivers
- Midlines
- Moisture Lesions
- Pressure Ulcers
- Verification of Expected Adult Death

Training and Development sessions are also provided by our Clinical Practice Development Nurse and cover topics such as CQC, Duty of Care, Continence Care, Physical Observations, Intentional Rounding, Diabetes Care at the End of Life, Hypercalcaemia, Delirium, Metastatic Spinal Cord Compression, Seizures, Haemorrhage, Bowel Obstruction, Neutropenic Sepsis, Sepsis, Record Keeping, Communication In Handover, Nutrition and Verification of Expected Adult Death. Future training and Development Planning will centre around symptom management, The Principles and Practice of Palliative Care and Cannulation.

#### Appendix 1

## NICE Guidance or Standards used to inform both policy and enhance our practice.

Improving supportive and palliative care for adults with cancer. NICE Cancer service guideline (CSG4) March 2004.

Palliative care for adults: strong opioids for pain relief. NICE Clinical Guideline (CG140) May 2012. Last updated: Aug 2016.

Nutritional support in adults: oral nutritional support, enteral tube feeding and parenteral nutritional. (NICE) Clinical Guidance 32 (2006). <a href="https://www.nice.org.uk/Guidance/CG32">www.nice.org.uk/Guidance/CG32</a>. (Updated 4 Aug 2017).

Pressure ulcers: prevention and management. NICE Clinical Guideline (CG179) April 2014.

End of life care for adults. NICE Clinical Guideline (QS13) 7 March 2017.

Care of dying adults in the last days of life. NICE Clinical Guideline (QS144) 2 March 2017.

Medicines optimisation: the safe and effective use of medicines to enable the best possible outcomes. NICE guideline (NG5) March 2015.

Medicines optimisation NICE Clinical Guideline (QS120) 24 March 2016.

Controlled drugs: safe use and management. NICE Clinical Guideline (NG46) Published date: April 2016.

Palliative care for adults: strong opioids for pain relief. NICE Clinical Guideline (CG140) May 2012. Last updated: Aug 2016.

Falls in older people. NICE Quality Standard (QS86) Published March 2015. Updated January 2017.

Head injury: assessment and early management. NICE Clinical Guideline (QS176). Updated 2017.

Mental Health Act 1983 Code of Practice TSO, 2015.

Pressure ulcers: revised definition and measurement. Summary and recommendations. NHS Improvement (NHSI) June 2018.

The incidence and costs of inpatient falls in hospitals: report and annexes. NHS Improvement (NHSI) 2017.

Dementia: assessment, management and support for people living with dementia and their careers. NICE guideline. Published: 20 June 2018. nice.org.uk/guidance/ng97

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Carers UK (2019b) Carers at Breaking Point. London: Carers UK.

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Carers UK (2020a) Unseen and undervalued. London: Carers UK.

Carers UK (2020b) Carers Week 2020 Research Report. London: Carers UK.

Durham Insight (2020) General Health and wellbeing County Durham. [Online] Available at: <u>InstantAtlas Durham – Health & Wellbeing</u> (<u>durhaminsight.info</u>) [Accessed 14<sup>th</sup> July 2021].

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Ewing G & G Grande (2020) The Carers Support Needs Assessment Tool (CSNAT) Manchester UK, Cambridge University Press

Gov.uk (2021) Guidance on infection prevention and control for COVID-19. Sustained community transmission is occurring across the UK. Available at: <a href="https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection[1]prevention-and-control">https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection[1]prevention-and-control</a> (Accessed 5th March 2021)

Higgerson, J., Ewing, G., Rowland, C. and Grande, G. (2019) The Current State of Caring for Family Carers in UK Hospices: Findings from the

Hospice UK Organisational Survey of Carer Assessment and Support. London: Hospice UK.

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National Institute for Health and Care Excellence: (NG112) Urinary Tract Infections (recurrent): Antimicrobial Prescribing (2018)

National Institute for Health and Care Excellence: (NG109) Urinary Tract Infections (Lower) (2018)

National Institute foe Health and Care Excellence: Clinical Guidelines (CG97) Lower Urinary Tract Symptoms in men: Management (2015)

National Institute for Health and Care Excellence: Clinical Guidelines: (CG151) Neutropenic Sepsis: prevention & Management in people with Cancer (2012)

National Institute for Health and Care Excellence: Clinical Guidelines: (CG173) Neuropathic Pain in Adults (2020)

NICE: Quality Standard: QS24 Nutrition Support in Adults (2012)

NICE: Clinical Guidelines: CG32 Nutritional Support for Adults: Oral Nutrition Support, Enteral Tube Feeding and Parenteral Nutrition (2006/2017 updated.

National Institute for Health and Care Excellence: Clinical Guidelines (CG75) Metastatic Spinal Cord Compression in Adults: Risk (2008)

National Institute for Health and Care Excellence: Clinical Guidelines (CG140) Palliative Care for Adults – Strong opioids for Pain Relief (2016)

National Institute for Health and Care Excellence: Sepsis Recognition, Diagnosis & Early Management (NG51) (2017)

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Albumin infusion in patients undergoing large volume paracentesis: a meta-analysis of randomised trials. Bernardi et al. (2012) – University of York Centre for Reviews and Dissemination.

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Scottish Palliative Care Guidelines for Symptom Management – Health Improvement Scotland & NHS Scotland

Palliative and End of Life Care Symptom Control Guidelines for cancer and non-cancer patients (5<sup>th</sup> ed.) North East and North Cumbria Clinical Networks (2021)

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Date: October 2023

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